



# St Catherine's School & College

Specialists in Speech, Language and Communication Needs

St Catherine's  
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Summer Term Week 7

5th June 2026

## ACHIEVEMENTS & AWARDS



The Reader of the Week award has been presented to:

William B

The Behaviour For Learning award has been presented to:

Charlie E	Izzy	Harri
Jasmine	Olivia	Selene
Millie	Gwehona	Charlotte
Joseph	Ellriott B	Sharlene
Lukas	Henley	Newton Class



The Behaviour For Character award has been presented to:



Caiden	Holden	Charlie F
Fletcher	Kristen	Jacob
Lulu	Jim	Max N
Bella	Byron	Imogen
Cameron		Mia

Well done to all students who received awards this week!

### LOGO

Our logo is wearing a rainbow for June as we celebrate Pride Month and reinforce our commitment to diversity and inclusion.



## ATTENDANCE

6AMD - 92.59%  
 6ILP - 73.61%  
 6JG - 96.83%  
 Austen - 75.56%  
**Bloom - 100%**  
 Branson - 92.22%  
 Burton - 74.65%  
**Goldberg - 100%**  
 Hopkins - 95.24%  
**Newton - 100%**  
 Oliver - 88.89%  
 Packham - 65.08%  
**Radcliffe - 100%**  
 Watson - 96.83%



Well done to all classes who were here everyday this week!

## DATES FOR YOUR DIARY

### June

16th Mufti Day for the Air Ambulance  
26th Summer Fair

### July

22nd Virtual End of Term Consultations  
24th Coffee Morning, End of Year Assembly and In-Person End of Term Consultations



## THE GROVE AFTER SCHOOL CLUB

We are holding 'The Grove' after school club every Tuesday 3:30pm - 5:00pm.

### June

9th - Pickleball/Dodgeball  
16th - Seaglass  
23rd - Field Games  
30th - Mini Golf

### July

7th - Homemade Lemonade  
14th - Ventnor Walk  
21st - Summer Activity

All activities are weather dependent. If the weather is not suitable for an outside activity, an indoor alternative will be arranged. Sessions have to be booked in advance and parents/carers are able to book block sessions. If you have any queries or would like to book, please contact The Grove Team on: [the-grove@stcatherines.org.uk](mailto:the-grove@stcatherines.org.uk)  
Transport must be arranged by parents. £2 per week.



## BLOOM CLASS

The children thoroughly enjoyed their final sailing session this week. To celebrate the end of the programme, they ventured a little further out onto the water and completed a triangular sailing course. Using the skills they had developed over the previous two weeks, including tacking and sailing against the wind, the children successfully navigated the course. By the afternoon, most of the children were able to complete it independently, which was a fantastic achievement and a testament to their growing confidence and skills! In Maths, we continued our work on fractions, focusing on quarters and developing our understanding of how they relate to wholes and halves. In English, we began exploring our new book, 'The Tiny Seed'. The children sequenced the story, identified and discussed unfamiliar vocabulary, and retold the narrative using the illustrations to support their understanding. In Science, we learnt about habitats, exploring the different environments in which animals live and discussing why certain animals are suited to particular habitats.



## RADCLIFFE CLASS

During PSHE, we revised the importance of keeping safe online. The students need reminding that if a 'pop up' icon appears onscreen, they are not to open the link. We have begun our topic of money in Maths this week. We talked about the importance of money and what it is used for. We looked at real money and began to understand the value of the coins. For the hook of our new English topic, 'Rainbow Fish', we collaged the reading corner. It looks amazing and everyone thoroughly enjoyed adding texture.



## HOPKINS CLASS

To start our new term, we had an assembly about the rights of the child, in line with Child Safety Week that is observed from 1st - 7th June this year. Some of the older students were really good at knowing about their rights to things like: an education, shelter and the right to be heard. We are starting a new topic in English and we did an immersive lead into our new topic on the Seaside. We had to guess what the theme was by describing objects hidden in a feely bag, listening to different seaside sounds and looking at a range of images. We are going to be creating shape poems about the seaside. Some of us went on our last visit to the sailing centre in Seaview and thankfully it was better weather this time. On Wednesday, we enjoyed Forest School.

## PACKHAM CLASS

In Music we revised Dynamics, created short tunes and played them using different Dynamics. We also listened to five tracks and identified the various dynamics in each piece. In Maths, we have been adding and subtracting fractions. Some of us have also been continuing our work on time, looking in greater depth at quarter past and half past the hour. In English, we answered comprehension questions about honey, how its is made and why bees are so important as pollinators. Did you know it takes around 5000 bees to make one jar of honey! In Humanities, we have started our new topic on rivers and the water cycle. We learnt that we are drinking the same water that was on planet earth millions of years ago, and could be the same water that the dinosaurs drank!

## **OLIVER CLASS**

This week, we have started our new Science topic of 'River Ecosystems'. We have been using our past learning about mammals, birds, fish, amphibians, reptiles, insects and plants to identify living things in rivers and on river banks. We have been looking at how all their life cycles need each other to survive to provide a river ecosystem. In Gamma group Maths, we are looking at digital time and identifying am and pm. In English Group C, we have started our 'Wind in the Willows' book. We are exploring the characters and writing noun phrases using a dictionary and a thesaurus to help us. In OT, we started to look at chopping and how to stay safe in the kitchen using sharp objects. Caiden in particular made an amazing stir fry that was very tasty. In PE, we are starting to play rounders and got to do a small game.

## **AUSTEN CLASS**

In Music, after spending the last half term learning to read the duration of musical notes and playing rhythms, this week we are learning how to read the musical notes on a staff to play simple tunes on the keyboard. In English, we are looking at the poem and metaphors. Some of the students have really thrived in this and showed some outstanding work. In Maths, we have continued with measurements, looking at cm, litres, kilo grams and how you use them. In PE, we are playing rounders and moving onto athletics. In Science, we are naming and looking at plants and trees. In Speech and Language Therapy, we are continuing with Dungeons and Dragons where our imaginations explode. In Humanities, we are focusing on the water cycle.

## **GOLDBERG CLASS**

In English, we have been identifying metaphors in the poem 'Adder'. We then started to create our own metaphors. In PE we are doing athletics, preparing ourselves for Sports Day. In Humanities, we have started to look at the water cycle, we learnt some interesting facts. In Science, we have started a new topic on Plants. We have been looking at various plants and naming the parts. A great first week back.

## **BURTON CLASS**

In English, we have continued our work on 'George's Marvellous Medicine'. We have used our reading comprehension skills to list all of the things that happened to Grandma after she took the medicine. We have learnt about sequencing a story and adding time connectives to our work. In Science, we have started a new topic - plants. We have been identifying and naming different plants and trees around the school site. We have looked at the structure and function of different parts of a plant. In Humanities, we have started to learn about rivers. This week, we have learnt how rivers are formed and what the different parts of a river are called. We enjoyed going onto the school field and making our own river!

## **NEWTON CLASS**

In Music, we are learning about 'pentatonic' scales and recapping Chinese instruments, ready to compose our own music. In Communication Group, we have been finalising our robot portfolio and making sure that our robot, 'Chuck Bot' is able to fire the air balls into the target bin. In English, we are continuing with the poem, 'The Highwayman' and looking at punctuation. We are also going to write the poem from our own perspective. This half term in Science we are looking at plants.

## **BRANSON CLASS**

In ICT, we are learning how to interact with and use an IT system to meet needs. In Maths, we have been solving task problems and sharpening up our addition and subtraction skills. In Communication Group, we are practising interview questions. In PE this half term, we are doing athletics in preparation for Sports Day. In Humanities, we are soon going to start a dangerous animals project. In PSHE, some of us are in SRE groups and some of us are looking at healthy and unhealthy relationships.

## **WATSON CLASS**

In PSHE, we have started work to add information to our progress files by updating our CVs. In Science, we are exploring seed dispersal methods. In DT, we are designing and making our own cushions. In English, we have started to read 'Lord of the Flies'. In Music, we are learning about 'pentatonic' scales and recapping Chinese instruments, ready to compose our own music. In ICT, we are designing our own websites.

## 6JG CLASS

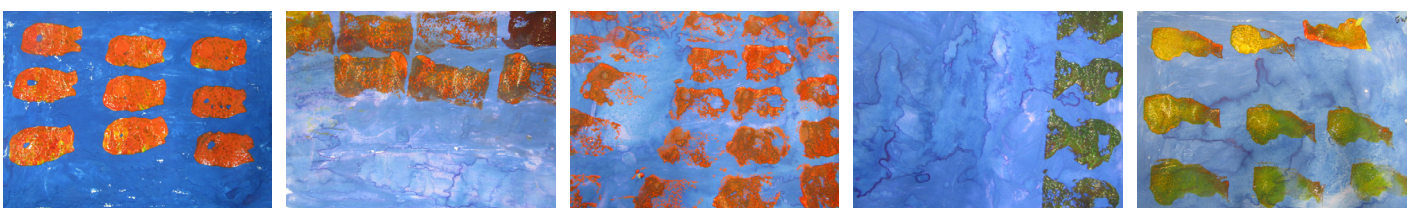
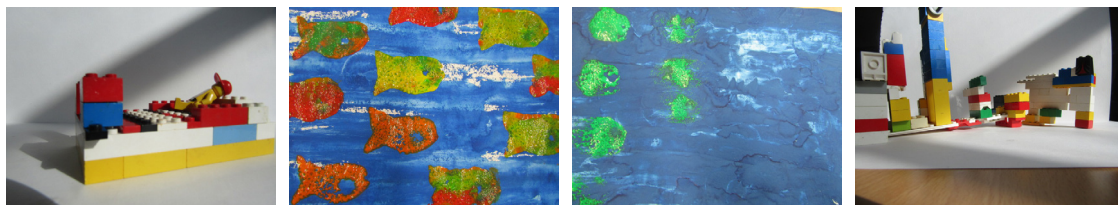
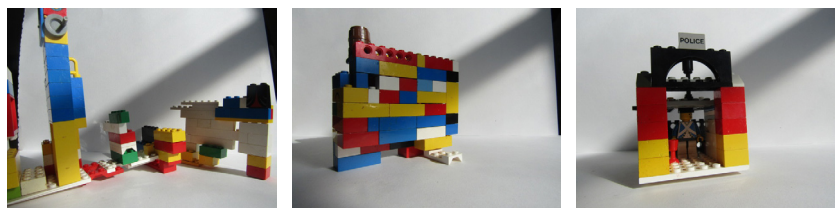
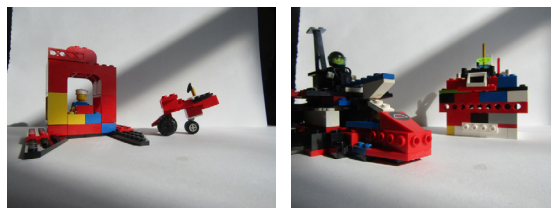
In Photography, we have continued designing our own recreations of album covers. This has involved taking and editing our own photos. Some of us have focused on close up shots. In Science, we are looking at pollution in ecosystems. We are looking at the different types as well as indicator species that tell us how healthy an ecosystem is.

## 6AMD CLASS

We are very pleased to announce that we have finished our exams! We have handled these incredibly well - keeping calm and regulated in the face of stress and pressure. This week, our lessons consisted of finishing up our learning and our final two exams. In college, our theme for this half term is positivity. This is something we are trying to incorporate into our daily lives, both in our interactions with each other, and our outlook on life. Next week (Monday 8th), we begin our Leavers' Timetable. The rest of the term is therapy-focused, and geared towards transition work: preparing us for our next provision and adult life! For example, we will practise preparing packed lunches, safety and maintenance around the home, online safety and independent travel. Thursday will be a work experience day. Other activities and trips are also scattered throughout the seven weeks.

## 6ILP CLASS

6ILP has returned from the half term with an excellent attitude for learning. We have been very productive with our making skills. We experimented with construction of a number of Lego challenges and we also completed our underwater printing process. We were able to consider percentages during our Maths sessions. We were able to accurately work out how 50% off a product might affect our budget. We were able to improve our sentence structure by constructing paragraphs linked with words beginning with un or dis. To conclude, we have also been considering our health. We have commenced our healthy living timetable. We have been taking part in activities which improve our fitness, balance and wellbeing.



## NEW SIGNING SONG

Follow the link to watch and learn our new signing song, 'This is Me' that students will be learning at school this term. <https://bit.ly/4dYqkau>

# MUFTI DAY FOR THE AIR AMBULANCE

On Tuesday 16th June, we will be holding a mufti day to raise funds for the Air Ambulance. Alongside the fundraiser, volunteers from the Air Ambulance will be visiting our school to run interactive workshops for some of our students. In these sessions, students will learn how and when to call 999, and they will have the opportunity to practice role-playing emergency calls in a safe, supportive environment.

## Breakfast Club Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 Pancakes	 Scrambled Eggs	 Pancakes	 Scrambled Eggs	 Pancakes
Toast	Toast	Toast	Toast	Toast
Cereal	Cereal	Cereal	Cereal	Cereal
Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
Fruit	Fruit	Fruit	Fruit	Fruit
Boiled egg	Boiled egg	Boiled egg	Boiled egg	Boiled egg
Porridge	Porridge	Porridge	Porridge	Porridge
Milk	Milk	Milk	Milk	Milk
Water	Water	Water	Water	Water

## SCHOOL MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta/Quorn Bolognese or Jacket Potato with choice of filling	Jumbo Sausage/Cheese & Onion Roll or Tomato Pasta	Roast Lamb/ Vegetable Burger or Jacket Potato with choice of filling	Pizza with Wedges or Tomato Pasta	Battered Cod/ Fish Fingers/ Quiche with Chips or Jacket Potato with choice of filling
Salad Bar Tuna or Mackerel	Salad Bar Cheese & Egg or Mackerel	Salad Bar Ham or Mackerel	Salad Bar Tuna or Mackerel	Salad Bar Cheese or Mackerel
Fresh Fruit Platter	Rice Pudding	Fresh Fruit Salad	Fairy Cake	Pudding of the Day

Fresh vegetables and salad are available with all main meals. Fresh fruit and yoghurt are always options for dessert.

# CYBER/ONLINE SAFETY CREATIVE PSYCHOTHERAPY GROUP

During the summer term, all students will take part in a one-hour Creative Psychotherapy Online Safety session with their tutor group. These sessions are designed to help students develop confidence in navigating online challenges while promoting their wellbeing. Through a range of creative activities, students will explore strategies for staying safe online and managing the impact of the digital world on their emotional health. The sessions will be led by Rheanna Berryman (Movement Psychotherapist) and Sarah Kinsey (Art Psychotherapist).

If you would prefer your child/young person not to take part, please contact Sarah Kinsey by phone or email to opt out. Further information about our psychotherapy provision is available on the school website: <https://www.stcatherines.org.uk/speech-therapy-school/needs>

## AROUND THE WORLD CLUB

In Around the World Club last term, we ended up in Australia! We had a BBQ with our special visitor, Curtis the dog. It was very successful and we all found out some fun facts.



### Nature Photography Day: Monday June 15th

We will be celebrating this day by holding a college photographic competition, with prizes for the winning entries.

- The photographs can be taken anytime from now until the closing date Monday 8th June.
- You can use the May Holiday to take your photographs, whether you are at home or are going away.
- Pictures should be of the natural world, including animals, plants, and sea/landscapes.
- You may want to do closeups of leaves, flowers or shells. Be imaginative and think of different angles.
- Photographs must be taken by the students (not helpful family members!) and not include people
- You can use a camera or your phone to take the pictures.
- Email me the photos ([troys@stcatherines.org.uk](mailto:troys@stcatherines.org.uk)) or bring them in printed (a copy please as they may not be returned)

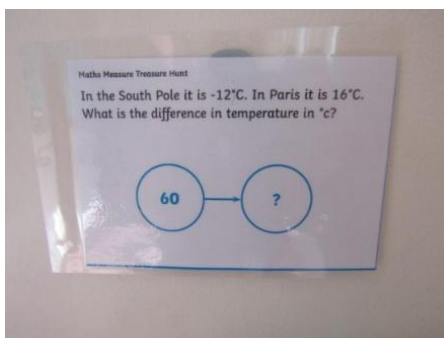
Most of all enjoy it and we can't wait to see your entries.





On Wednesday 20<sup>th</sup> of May, students took part in No Pens Day.

No Pens Day is a national event that highlights the importance of speaking and listening skills. Throughout the day, students enjoyed a range of interactive activities that encouraged discussion, teamwork, and communication. It was wonderful to see everyone sharing ideas, working together, and building confidence in their speaking and listening skills. The day was a great success and a reminder of how important communication is in both learning and everyday life.



ISLE OF WIGHT FESTIVAL 2026

**St Catherine's School  
at  
The Isle of Wight Festival**

**18<sup>th</sup> - 21<sup>st</sup> June**

Come along and see us at  
The Isle of Wight Festival  
and support our fundraising stall

**\*Tuck Shop \* Soft Drinks \* Face Painting\*  
\*Face Glitter \* Glitter Scalps\*  
\*Kids' Snack Boxes\***




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Communication Needs

**Abseil Down The Spinnaker  
Tower For St Catherine's School  
and College**

**Abseil Dates available  
May - June - July - August**



**Fundraising Target £300**

**Please email Tanya  
smitht@stcatherines.org.uk**

**For more information**

ALOHA

ST CATHERINE'S SCHOOL

**SUMMER  
HAWAIIAN FAIR**

LIVE MUSIC - STALLS- RAFFLE- FREE ENTRY

**FRIDAY 26TH JUNE**

GATES OPEN AT 12:30PM  
FAIR CLOSES AT 2:30PM

ST CATHERINE'S SCHOOL FIELD  
GROVE ROAD  
VENTNOR

ABILITY DOGS ONLY






St Catherine's  
School & College  
Specialists in Speech, Language and  
Communication Needs



## Specialist Support for Children with Additional Needs

Our personalised care addresses your child's specific needs while building practical life skills, communication abilities, and independence.

Professional, caring support tailored to children with additional needs. Our experienced Personal Assistants help develop skills, build confidence, and enjoy life to the fullest.

Over 20 years of trusted care for children and young people up to age 25 with

ASC/ASD, ADHD, PDA, SEMH, LD and other complex needs.



### Personal Assistant Services

Dedicated one-to-one support and respite care



### Building Independence

Developing confidence and life skills in line with EHCP and other desired outcomes



### Tailored Family Support

Coaching, mentoring and buddy schemes, Respite



### Experienced and Trained

Our staff are all experienced and trained to our mandatory standard, additional training can be sought as necessary.



### Matched Support

Personal Assistants carefully selected to meet your child's specific needs and interests



### Professional Team

Experienced consultants supporting families in Hampshire, Surrey, West Sussex, Dorset & Isle of Wight

### Ready to learn more?

Freedom Care Support for Your Child Attending a Special Needs School

See our detailed brochure [HERE](https://www.freedomcare.co.uk)  
[www.freedomcare.co.uk](https://www.freedomcare.co.uk)

0800 0851444

[supportenquiries@freedomcare.co.uk](mailto:supportenquiries@freedomcare.co.uk)



TRAINING  
SEA VIEW YACHT CLUB

## SATURDAY CLUB SAILING

FOR YEAR 6 STUDENTS

For young sailors with previous experience who want to take their sailing skills to the next level!

These sessions follow the same format as the Schools Sailing Programme. The aim is to further participants' sailing knowledge and skills.



### FOR YEAR 6 STUDENTS ONLY

Due to the high demand, sessions are only open to Year 6 pupils.



### PREVIOUS EXPERIENCE NEEDED

For children who have already completed, or taken part in, an RYA Stage 1 course or equivalent.



### LIMITED SPACES

Places are limited to just 24 participants per session. Book early to avoid disappointment!



### HOW TO BOOK

Email [sailingsupport@svyc.org.uk](mailto:sailingsupport@svyc.org.uk) to secure a place.



WE ASK FOR A £1 PER WEEK CONTRIBUTION towards the Seaview Sailing Trust charity that funds these sessions. (Further cost details are not shared with children.)



SEAVIEW SAILING TRUST

Registered Charity No. 1198176

### 2026 SATURDAY CLUB SAILING SESSIONS

SESSION 1	0900 – 1200	SAT 6TH JUNE 2026	SESSION 6	1300 – 1600	SAT 20TH JUNE 2026
SESSION 2	1300 – 1600	SAT 6TH JUNE 2026	SESSION 7	0900 – 1200	SAT 27TH JUNE 2026
SESSION 3	0900 – 1200	SAT 13TH JUNE 2026	SESSION 8	1300 – 1600	SAT 27TH JUNE 2026
SESSION 4	1300 – 1600	SAT 13TH JUNE 2026	SESSION 9	0900 – 1200	SAT 4TH JULY 2026
SESSION 5	0900 – 1200	SAT 20TH JUNE 2026	SESSION 10	1300 – 1600	SAT 4TH JULY 2026

### MORE SAILING OPPORTUNITIES

There are also several local clubs and centres offering sailing for young people:

- Brading Haven Yacht Club (Bembridge Harbour – St Helens end)
- Bembridge Sailing Club (Bembridge Harbour – Bembridge end)
- Royal Victoria Yacht Club (Fishbourne)
- Wight Water Sports (Sandown)
- Gurnard Sailing Club
- Tack4-Isle (St Helens Dwyer & Bembridge Marina)
- Yarmouth Sailing Club
- UKSA (Cowes, Arctic Road)

### NEW PARTNER



SEA SCOUTS

We have teamed up with the local Sea Scouts who can now support further sailing opportunities too.



DEVELOP SKILLS. BUILD CONFIDENCE. ENJOY SAILING!

## Parent and Caregiver Peer Support Sessions

11<sup>th</sup> June 2026 (9am – 11am) Cowes Family Centre

16<sup>th</sup> July 2026 (9am – 11am) Carisbrook & Gunville Church

16<sup>th</sup> September 2026 (9am – 11am) Ventnor Family Centre

16<sup>th</sup> October 2026 (9am – 11am) Sandown Family Centre

18<sup>th</sup> November 2026 (9am – 11am) Carisbrook & Gunville Church

13<sup>th</sup> January 2027 (9am – 11am) Carisbrook & Gunville Church

10<sup>th</sup> February 2027 (9am – 11am) Carisbrook & Gunville Church



Drop in for a chat, a cuppa and shared experiences

No booking needed



**Cowes Family Centre –**  
Love Lane, Cowes PO31 7ET  
**Carisbrook & Gunville Church**  
Gunville Road, Newport  
PO30 5LS  
**Ventnor Family Centre**  
Albert Street, Ventnor PO38 1EZ  
**Sandown Family Centre**  
The Fairway, Sandown PO36 9EQ

Isle of Wight  
**Neurodiversity**  
Team

# What Parents & Educators Need to Know about ALLERGIES & ANAPHYLAXIS

An allergy is an overreaction of the immune system to a food or substance that's usually harmless. Symptoms can be mild, but for some people they can be very serious. This is known as anaphylaxis.

## HOW TO SAY ANAPHYLAXIS: ANA-FIL-AX-IS

### ALLERGIES AND ANAPHYLAXIS



- Mild allergy symptoms are treated with antihistamines.
- Anaphylaxis is treated with adrenaline, which is administered via an adrenaline device, injected into the outer upper thigh or using a nasal device.
- Anaphylaxis is a medical emergency and a threat to life.

### WHAT ADRENALINE DOES

Adrenaline reduces swelling, opens the patient's airways and raises their blood pressure. Patients must go to hospital for monitoring, as the reaction could return.



### ANAPHYLAXIS SYMPTOMS

#### AIRWAY

Symptoms include swelling in the throat, tongue or upper airways; tightening of the throat; a hoarse voice; and difficulty swallowing.



#### BREATHING

Symptoms include persistent cough; sudden onset of wheezing; breathing difficulty; and noisy breathing.



#### CIRCULATION

Symptoms include pale and clammy skin; dizziness; feeling faint; sudden sleepiness; tiredness; confusion; and loss of consciousness.



In extreme cases of anaphylaxis, there could be a dramatic fall in the patient's blood pressure. The patient may become weak and floppy, and have a sense of something terrible happening. Any of the ABC symptoms listed above may lead to collapse and unconsciousness and, on rare occasions, be fatal.

### TOP 14 FOOD ALLERGENS:

(However, be aware people can be allergic to anything.)



### NON-FOOD ALLERGENS:



### LINKS TO FURTHER RESOURCES - Scan the QR codes to find out more



AllergyWise®



EpiPen



Jext



ADRENALINE AND AADs

### Meet Our Expert

Anaphylaxis UK is the only UK-wide charity operating solely for the growing numbers of people at risk of serious allergic reactions and anaphylaxis. While there's no treatment or cure for anaphylaxis, we believe that by providing information, training and support, there's a brighter future for people living with serious allergies.



The National College®