



St Catherine's School & College

Specialists in Speech, Language and
Communication Needs

St Catherine's
Grove Road
Ventnor
Isle of Wight
PO38 1TT

Tel: 01983 852722

Email: general@stcatherines.org.uk

Website: www.stcatherines.org.uk

Autumn Term Week 5

9th October 2026

ACHIEVEMENTS & AWARDS



The Reader of the Week award has been
presented to:

Sonnie

The Principal's Praise award has been
presented to:

Charlie J-LT

The Behaviour For Learning award has been
presented to:

Joseph	Cosmo	Tim
Caiden	Henley	Lucas
Rooa	Max WB	Huxley
Orion class	Charlotte	



The Behaviour For Character award has been
presented to:

Charlie E	Raph	Selene
Shaun	Sonnie	Fletcher
Toby R	Eddie	Bella
Lydia	Tim	Georgia
Aparyl	Kristen	Ted

Well done to all students who received
awards this week!



ATTENDANCE

6AMD - 95.58%
6ILP - 90.91%
6JG - 88.8%
6SAF - 87.01%
Apollo - 97.1%
Neptune - 96.06%
Sharman - 95.23%
Orion - 95.13%
Pluto - 94.77%
Peake - 94.75%
Artemis - 91.43%
Saturn - 93.64%
Venus - 93.13%



Well done to all classes who were here
everyday this week!

DATES FOR YOUR DIARY

14th October - College student photos
16th October - Mufti Day



ST CATHERINE'S YOUTH CLUB

We are holding 'St Catherine's Youth Club' after school club every Monday 3:30pm - 5:00pm.
Starting Monday 9th November at St Catherine's College site

All activities are weather dependent. If the weather is not suitable for an outside activity, an indoor alternative will be arranged. Sessions have to be booked in advance and parents/carers are able to book block sessions. If you have any queries or would like to book, please contact The Grove Team on: the-grove@stcatherines.org.uk
Transport must be arranged by parents. £2 per week.



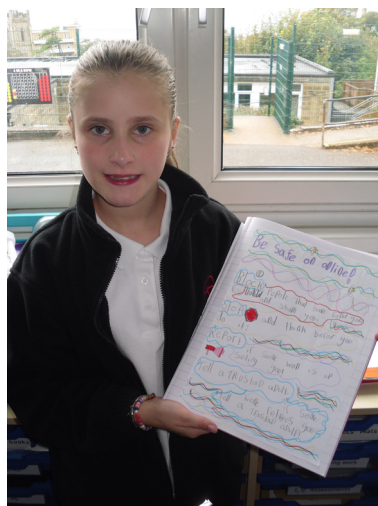
APOLLO CLASS

This week in PSHE we started to look into what 'screen time' meant and how important it is to not have too much. The students talked about what technology they have at home and some said 'too much makes me angry/dizzy/tired'. It was really good to talk about strategies that help us move away from our screens. In Maths, we continue to look at 10 frames and part-whole models to work out number bonds. On Tuesday, we spent most of the day at Amazon World. We had such a fabulous time. We got to see red pandas, parrots and flamingoes! We spent some time in the soft play area and had a packed lunch.



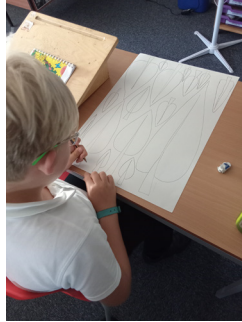
NEPTUNE CLASS

This week in PSHE, we continued exploring online safety and created posters to highlight key ways to stay safe online. In Maths, we moved on to addition and subtraction, focusing on number bonds to 10 and fact families. In English, we continued reading our 'Roaming in the Rainforest' book, concentrating on using descriptive vocabulary to detail different scenes. On Tuesday, we had a fantastic trip to Amazon World! The children loved seeing all the different animals, which really enhanced and embedded our learning about our rainforest topic. We learnt plenty of fascinating facts about lemurs before some brave pupils even walked through their enclosure! To round off a brilliant day, everyone enjoyed time in the soft play and outdoor play area. All the children were an absolute credit to St Catherine's throughout the visit.



SHARMAN CLASS

Monday Morning's assembly was about dyslexia and how it can affect different people in different ways, including organising our thoughts and speaking! Tom Grennan is a famous artist/song writer that has dyslexia! Our PSHE linked well with the video we watched about Tom Grennan struggling at school. It focused on emotions and how we can feel in different scenarios. We then discussed who we felt was a trusted person to talk to about any of our feelings, either at home or at school. On Tuesday we went to Amazon World. We really enjoyed looking at all the different types of animals and learning about them. We also got to go into the softplay, which was so much fun! This week in English, we learnt some more about shape coding and then we used our new shape coding packs to help us write our own sentences using the different shapes.



ORION CLASS

In Maths, we have been using number lines and making big numbers. Hockey has been fun in PE. In Science, we had lots of fun dipping a tuning fork in water. Little specs of water splashed everywhere! We had a fire alarm drill which we were quite worried about. It was exciting in the end. We also had our photos taken this week. We had Miss Fradgley for English, which was funny. Phew, what a busy week!

PLUTO CLASS

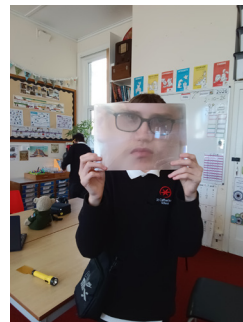
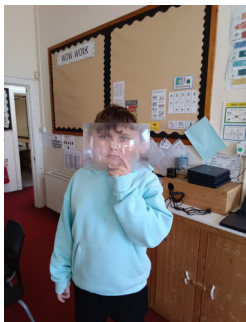
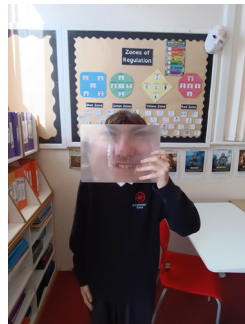
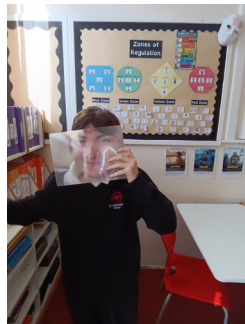
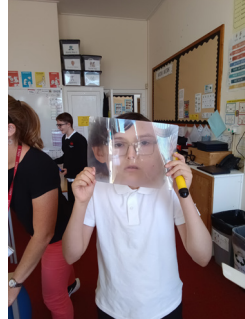
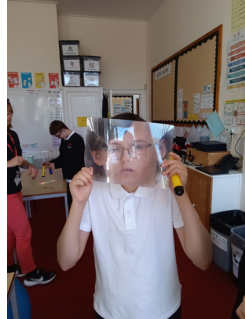
In PSHE this week, we have been reminded about staying safe online and the information that we should and should not share. We have also started to gain an understanding of gambling and how to be responsible. In Humanities, we have learnt about the 'Ring of Fire' and the location of different volcanoes. In English, we have been learning about fronted adverbials. These go at the beginning of a sentence and tell the reader where, when or how something happened. In Maths, we have been comparing numbers and objects. We have been learning to use the greater than and less than symbols ($<$ $>$).

PEAKE CLASS

Our assembly this week was about dyslexia, we learnt that it can affect everyone differently. In Music, we carried on with our topic 'Rock and Roll', we played a group piece and worked really well together. In Maths, we have been working on big additions with numbers and in hundreds and thousands. During English we are carrying on with our 'Stig of the Dump', we are using the planning we did previously to help us write in greater depth. Our soft toys are progressing in DT, we have now cut out the fabric pieces and we are following the pattern to help us put the correct pieces together before we sew them.

ARTEMIS CLASS

During our PE lesson we practised passing the ball and had a match in our rugby lesson. We all worked well at passing and moving into spaces. In Science we have been investigating materials to see if they are transparent, translucent or opaque. We found a large magnifier which we discovered is mostly transparent, but it changed the shapes of our faces. We have also been working really hard on our Humanities coursework. We have to write about what life was like for British families and their children in World War Two. Many children got evacuated to the countryside and did not see their families again till the end of the war. No one in our class said they would like this.



SATURN CLASS

This week's assembly was about Dyslexia Awareness Week, we discussed how this can affect everyone differently. In Humanities, this week we continued on our topic about WW2, we looked at what the evacuee's had to endure. In DT, we continued our designs moving forward into sewing our teddies together for our final product. In English, we are continuing to read through another chapter of 'Stig of the Dump', giving our predictions of what we think is going to happen next. We also learnt about prefixes and using them with root words. In Maths, we learnt how to use algebra with function machines (1 step and 2 step) and to understand the key vocabulary associated with function machines. During Science we measured sound and walked around the school. Music was the quietest. A brilliant PE lesson with Venus and a great game of softball

VENUS CLASS

A lovely PE lesson with great teamwork and overall a good game of rugby. We continued with percentage work during Maths and are progressing. In English, we are continuing with the book 'Blood Brothers' and 'Stig of the Dump'. During ICT we are working on our goals. In TIG, we have been experiencing career vocations and interviewing members of St Catherine's and doing various tasks to show this including building Ikea furniture.



6SAF CLASS

What a busy week. We have started to look at the bus stop method for division in Maths. It's tricky but we are making good progress, while having fun! In Photography we were looking at different angles like birds-eye view. In iMedia we have been taking pictures for our stop motion videos and in communication we have been debating about influencers.

6JG CLASS

We had the opportunity to see the premiere of our short film on Wednesday evening at Quay Arts and some of us attended this. It was incredible and lots of the people we met along our filmmaking journey were present at the showing. We are very proud of our work. We are also working towards a cake sale for staff for Mountbatten next week. In Science we are learning about pathogens.

6AMD CLASS

In landbased this week we enjoyed some weed clearance and tidying time on the allotment. We picked a few ripe tomatoes and plan to harvest the rest of the green ones next week to make chutney. We also continued our research on landbased jobs, we will be using our research to make posters and leaflets. Some of us went on a very interesting visit to the House of Commons and to the House of Lords. We didn't see any politicians, but we had a tour through the building and we were impressed by the gold leaf we saw. We learnt a lot about how laws are being made and passed through both Houses', and we were shown where the King enters the House of Lords and where he sits. The King is not allowed in the House of Commons. It was a long day; we got back to the Island at 8pm.

6ILP CLASS

6ILP has been very busy this week. We have been able to consider the joys of editing. We looked at famous art paintings and graphic posters. We came up with very creative thoughts on how we might improve popular art. During Maths sessions, we were able to consider the 12 and 24 hour clock and why it's important not to get am mixed up with pm. We were able to consider timetables and why it is better to be early to appointments than just in time. We continued to look at written instructions in the wild and judge why they were created and who would benefit from reading them. We established that most signs and instructions are there to support or ensure people remain safe within the community.

AROUND THE WORLD CLUB

Around the world club we have been to Mexico, Thailand, Greece and now to Turkiye to taste different food and learn about the countries. We built famous buildings and coloured in flags.

The group all worked well together. They impress weekly with their motivation to try new foods.

Breakfast Club Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 Pancakes	 Scrambled Eggs	 Pancakes	 Scrambled Eggs	 Pancakes
 Toast	 Toast	 Toast	 Toast	 Toast
 Cereal	 Cereal	 Cereal	 Cereal	 Cereal
 Yogurt	 Yogurt	 Yogurt	 Yogurt	 Yogurt
 Fruit	 Fruit	 Fruit	 Fruit	 Fruit
 Boiled egg	 Boiled egg	 Boiled egg	 Boiled egg	 Boiled egg
 Porridge	 Porridge	 Porridge	 Porridge	 Porridge
 Milk	 Milk	 Milk	 Milk	 Milk
 Water	 Water	 Water	 Water	 Water

SCHOOL MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sweet & Sour Chicken/Quorn or Tomato Pasta	Meatballs/ Quorn Balls or Jacket Potato with choice of fillings	Roast Pork/ Vegetable Burger or Tomato Pasta	Lasagne/ Quorn Lasagne or Jacket Potato with choice of fillings	Battered Cod/ Fish Fingers/ Vegetable Burger with Chips or Jacket Potato with choice of fillings
Salad Bar Tuna or Mackerel	Salad Bar Egg & Cheese or Mackerel	Salad Bar Ham or Mackerel	Salad Bar Tuna or Mackerel	Salad Bar Cheese or Mackerel
Fruit Platter	Jelly	Fresh Fruit Salad	Tray Bake	Pudding of the Day

Fresh vegetables and salad are available with all main meals. Fresh fruit and yoghurt are always options for dessert.

ANAPHYLAXIS REMINDER

We are now required to follow new national legislation regarding allergy safety and anaphylaxis management. To ensure the health, safety, and wellbeing of all our students, please remember not to bring any food or other items into school or college that may contain nuts. We ask that you carefully check the labels of all packed lunches, snacks, and classroom supplies before sending them in. Thank you all for your continued cooperation and for helping us maintain a safe, inclusive environment for everyone in our community.

FUNDRAISING

St Catherine's School and College warmly invites you to support our Christmas Campaign, a heartwarming initiative that brings our community together in faith, remembrance, and goodwill. This year, we are offering the opportunity to buy a Red or Gold bauble to place on our Chapel tree, with a message or dedication to a loved one, a current or former student, or someone held in loving memory.

Through this campaign, we hope to raise vital funds for St Catherine's and reach our target of £1,000. Your generous gift will help us continue to nurture the life of our Chapel and strengthen the spirit of celebration and reflection that defines this special season.

We invite you to make a minimum donation of £5 and then email smitht@stcatherines.org.uk with your donation details. Once your message has been received, our team will be in touch to arrange your bauble choice and message, including colour and name.

Please join us in making this Christmas Campaign a heartfelt expression of gratitude and support. Our Chapel will be open on 10 December 2026 for a visit and carol service, and we would be honoured to welcome you in sharing this moment of celebration and hope.

https://www.justgiving.com/page/christmasbauble?utm_medium=FR&utm_source=CL



St Catherine's

A registered Charity no. 288148
Recognised by the Department for Education (DfE)
Grove Road, Ventnor, Isle of Wight, PO38 1TT
T: 01983 852722 E: general@stcatherines.org.uk
www.stcatherines.org.uk

Fundraising Enquiries

For further information about our fundraising activities, contact our Fundraising Team on: 01983 852722 or email: smitht@stcatherines.org.uk



St Catherine's School & College

*Specialists in Speech, Language and
Communication Needs*

RESIDENTIAL OPEN DAY TUESDAY 10TH NOVEMBER 2026

St Catherine's residential provision supports young people
aged 11 - 19 with speech, language and communication needs
Free travel across the Solent for the open day provided

To register your interest, please visit our website:
<https://www.stcatherines.org.uk/open-day-interest-form>

Speech &
Language Therapy

Occupational
Therapy

Sign Supported
English

Residential and
Day School

For more information please contact our
Admissions Team on 01983 852722 or email
admissions@stcatherines.org.uk



Residential
School & College

Registered Charity Number 288148
Company Limited by Guarantee (Number 1757474)
St Catherine's, Grove Road, Ventnor, Isle of Wight, PO38 1TT
T: (01983) 852722 E: general@stcatherines.org.uk
www.stcatherines.org.uk



Education
School & College



The Isle of Wight
College

Your Future Starts Here

2026/27 Open Days

OPEN EVENING

Thursday 17th September
NEWPORT & WHIPPINGHAM CAMPUS

5pm - 7pm

OPEN DAY

Saturday 30th January
WHIPPINGHAM CAMPUS

10am - 1pm

OPEN DAY

Saturday 7th November
NEWPORT & WHIPPINGHAM CAMPUS

10am - 1pm

OPEN DAY

Saturday 13th March
NEWPORT & WHIPPINGHAM CAMPUS

10am - 1pm



St Catherine's School & College
Specialists in Speech, Language and Communication Needs

MCM CONSTRUCTION

St Catherine's School

CHRISTMAS MARKET

Saturday 12th December

St Catherine's Church
Church Street, Ventnor
10:30am till 4pm

Free Entry
Raffle
Christmas Shopping
Live Music
Games
Special Guests

FR Registered with Financial Conduct Authority REGULATOR

Parent and Caregiver Peer Support Sessions

11 th June 2026 (9am – 11am) Cowes Family Centre
16 th July 2026 (9am – 11am) Carisbrook & Gunville Church
16 th September 2026 (9am – 11am) Ventnor Family Centre
16 th October 2026 (9am – 11am) Sandown Family Centre
18 th November 2026 (9am – 11am) Carisbrook & Gunville Church
13 th January 2027 (9am – 11am) Carisbrook & Gunville Church
10 th February 2027 (9am – 11am) Carisbrook & Gunville Church

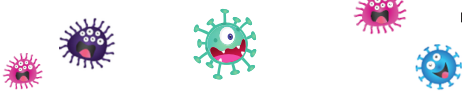
Isle of Wight
Neurodiversity
Team

Drop in for a chat, a cuppa and shared experiences

No booking needed

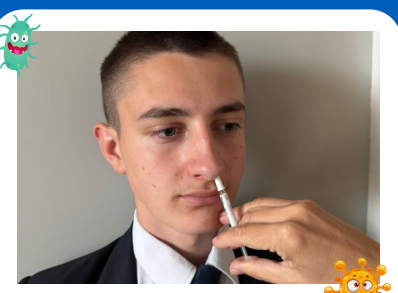
Cowes Family Centre –
Love Lane, Cowes PO31 7ET
Carisbrook & Gunville Church
Gunville Road, Newport
PO30 5LS
Ventnor Family Centre
Albert Street, Ventnor PO38 1EZ
Sandown Family Centre
The Fairway, Sandown PO36 9EQ

School Age Immunisation Service



Your child's Flu vaccine is due





FLU: 5 REASONS TO GET PROTECTED AGAINST FLU

1. Protect your child - The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia.
2. Protect you, your family and friends - Having the vaccine will help protect more vulnerable friends and family.
3. No injection needed - The nasal spray is painless and easy to have. (A porcine free injection is available)
4. It's better than having flu - The nasal spray helps protect against flu and has been given to millions of children worldwide and has an excellent safety record.
5. Avoid costs - If your child gets flu, you may have to take time off work or arrange alternative childcare

The Immunisation team will be in the school on:

08/10/2026

09/12/2026



School Code

CW118226

For more information, visit our website:

www.healthforkids.co.uk/hampshire/annual-nasal-flu-vaccination-programme/

Our personalised care addresses your child's specific needs while building practical life skills, communication abilities, and independence.



Professional, caring support tailored to children with additional needs. Our experienced Personal Assistants help develop skills, build confidence, and enjoy life to the fullest.

Specialist Support for Children with Additional Needs

Over 20 years of trusted care for children and young people up to age 25 with
ASC/ASD, ADHD, PDA, SEMH, LD and other complex needs.



Personal Assistant Services

Dedicated one-to-one support and respite care



Building Independence

Developing confidence and life skills in line with EHCP and other desired outcomes



Tailored Family Support

Coaching, mentoring and buddy schemes, Respite



Experienced and Trained

Our staff are all experienced and trained to our mandatory standard, additional training can be sought as necessary.



Matched Support

Personal Assistants carefully selected to meet your child's specific needs and interests



Professional Team

Experienced consultants supporting families in Hampshire, Surrey, West Sussex, Dorset & Isle of Wight

Ready to learn more?

☐ Freedom Care Support for Your Child Attending a Special Needs School

See our detailed brochure [HERE](http://www.freedomcare.co.uk)

www.freedomcare.co.uk

0800 0851444

supportenquiries@freedomcare.co.uk

**Next Open Day: Thursday
15th October from 4.00–
6.00pm.**

At Riverbank Campus, Little London,
Newport PO30 5BS in Newport

Drop in on the day or book a timed
appointment.



WESTOVER FARM PUMPKINS

PUMPKIN PATCH

Free entry & parking | Pick your own pumpkins

Photo opportunities | Refreshments

Kids activities | Face painting | The Play Patch




9.30am - 4.30pm

3rd & 4th Oct

9th - 11th Oct

16th - 20th Oct

23rd - 27th Oct

30th & 31st Oct

Follow us on social media for more updates including closures in bad weather

[@WestoverFarmIV](https://www.instagram.com/WestoverFarmIV)

info@westover-farm.co.uk

Westover Farm, Calbourne, PO30 4JY

Please note different opening times

Fri 9th & 16th 12-4pm

Sat 3rd & 10th 9.30am - 7pm

ST CATHERINE'S ARE SUPPORTING AND RAISING
AWARENESS FOR

DEVELOPMENTAL LANGUAGE DISORDER DAY

ON FRIDAY 16TH OCTOBER 2026

We are inviting staff and students to join in
a free mufti day for DLD day.

This year's theme is 'Together for DLD'.
Staff and students are encouraged to wear
purple and yellow which represent the colour
of this awareness day if possible. If not, any
mufti is permitted.



St Catherine's

*Specialists in Speech, Language and
Communication Needs*

School - College - Post 19

OPEN!

Our charity shop may look closed, but we are open!!!

Speech &
Language Therapy

Occupational
Therapy

Sign Supported
English

Residential and
Day School



Residential
School & College



Education
School & College

**Spence's
HALLOWEEN
BONE YARD**

Come see us and have a photo with
**Fred the Dead
and Hallow Jack.**

♥ All donations will go to
St Catherine's Speech and
Language School.
Your support is appreciated.

Monterey Road Ryde



FREE



GIRLS FOOTBALL

THURSDAY 22ND OCTOBER

BARTON PRIMARY 10AM-12PM

DOVER PARK PRIMARY 1.30PM-3.30PM

COACHING BY ALFIE CHAPMAN (UCAN PLAY) AND
ANDY NORTH (NEW ERA COACHING)

**FOR PUPILS IN SCHOOL YEARS
3,4,5,6,7,& 8**

To book please scan the QR code
or for more information email
andrew.day@bartonpri.iow.sch.uk



WWW.GIRLSFOOTBALLINSCHOOLS.ORG

COMING SOON

ST CATHERINE'S YOUTH CLUB

NEW

Starting
Monday 9th November
3.30pm – 5pm
at St Catherine's College Site
£2 a session

Open to all students at St Catherine's
School and College. Sessions will run weekly on Monday
during term time.

Please direct all bookings and enquiries to
thegrove@stcatherines.org.uk

School Age Immunisation Service - Parent Newsletter

Annual Flu Vaccination Programme

All children are eligible to receive the flu vaccine. Parents and carers are sent a link to the online consent form between September and November, ahead of the school vaccination session.

The vaccine is usually given as a nasal spray. For children who cannot have the nasal spray due to medical or religious reasons, a porcine-free injectable vaccine is available. Details about how to request this are included on the electronic consent form.

Why should I get my child vaccinated? Flu is a highly infectious illness that children can catch and spread easily. For many children, flu can be very unpleasant and may lead to complications such as ear infections, bronchitis, or pneumonia. In some cases, it can result in serious illness requiring hospital treatment.

Vaccinating your child not only helps protect them from flu but also reduces the spread of the virus to others who may be more vulnerable to serious illness, including babies, pregnant women, older adults, and those with long-term health conditions.

What if my child misses their school vaccination session? If you provide consent for your child to receive the flu vaccine and they are absent on the day of the school session, you will automatically receive an email inviting you to book an appointment at a local community clinic, ensuring your child still has the opportunity to be vaccinated.

It's not too late to complete the consent form. Even if your child's school vaccination session has already taken place, submitting a form now will allow you to book an appointment at a local community clinic.

For contact details and further information about the School Aged Immunisation Service and the vaccination programmes offered, please visit:

<https://www.healthforkids.co.uk/hampshire/collections/school-age-immunisation-service/>

10 Top Tips for Parents and Educators

CONNECTING CHILDREN WITH NATURE

Spending time outdoors plays a vital role in children's health, happiness, and development. This guide explores why nature matters, the barriers families may face, and practical ways to help children reconnect with wildlife and the outdoors. Here we highlight simple activities, creative ideas, and safe approaches to encourage exploration, confidence, and a lasting love of nature in everyday life.

1 TIME OUTSIDE MATTERS

Evidence shows that time in nature can benefit children's mental and physical health, learning, social development, and overall wellbeing. Nature does not need to be rare, grand, or far away to matter. Common, small, and local spaces can offer valuable opportunities too. Despite competing demands on children's time, many say being in nature makes them happy.

2 UNDERSTAND THE BARRIERS

Children's outdoor play has reduced significantly in recent generations, with independent play and roaming also becoming less common. Reasons can include alternative play options, worries about safety and risk, fewer suitable play spaces, busier roads, and increasingly structured routines. Understanding these barriers helps adults respond with practical, realistic ways to make outdoor time easier and more appealing.

3 TAKE ACTIVITIES OUTSIDE

Children can benefit from being in natural spaces even when engaging with nature is not the main activity. Think about everyday pursuits that could be moved outdoors, such as reading, playing cards and board games, arts and crafts, hide and seek, exercising, eating, or chatting. Involve children and young people in creating their outdoor space – for example, an upturned box can become a table, while cushions wrapped in strong bags can make temporary outdoor seating.

4 USE TECHNOLOGY POSITIVELY

Too much screen time can be unhelpful, but technology can also support nature connection, particularly for older children and young people. They can use a camera to document the wildlife they find, create art projects, or record natural sounds. Apps can help identify birdsong, plants, insects, or stars. Older children and young people may also enjoy citizen science projects, where their observations contribute to real environmental research.

5 CREATE MINI ADVENTURES

Green spaces are brilliant for exploration, adventure, creativity, and problem-solving. Adventures can be small and local, such as hunting for insects, looking for natural colours, or spotting patterns. They can also be bigger, including hill walks, den building, rock pooling, or watching the sunset. These experiences can create moments of awe and leave lasting memories.

6 BUILD NATURE AT HOME

Even small spaces can help children connect with nature through play and creativity. Seeds can be grown in windowsill boxes or hanging baskets, while herbs, strawberries, flowers, and cherry tomatoes often thrive in containers. Bird feeders, nest boxes, and insect hotels can support local wildlife. Indoors, garden magazines, leaves, and natural textures can inspire imaginative art, storytelling, and play.

7 EXPLORE FURTHER AFIELD

Holidays and weekends can offer children and young people the opportunity to visit country parks, nature reserves, waterways, woods, and the coast. These places may create memorable "Wow!" moments, such as rock pooling, exploring forests, pond dipping, or simply visiting somewhere new. Local activity centres may also offer taster sessions in canoeing, climbing, or archery, helping children and young people try outdoor activities safely.

8 ENGAGE OLDER CHILDREN

Teenagers may be less interested in adult-led activities designed for younger children. They often respond better to challenges, independence, skill building, and meaningful responsibility. Wildlife surveys, photography, outdoor cooking, whittling with safe tools, den building, or conservation tasks can feel more purposeful. Allowing controlled risks can support confidence, judgement, and a stronger connection with nature.

9 NOTICE LOCAL NATURE

Natural spaces enable unstructured play and exploration. Adults don't need specialist knowledge to help children enjoy nature and wildlife. Start by noticing what can be heard, smelled, and seen in a garden, school grounds, local park, or on the way to the shops. Encourage walking at a slower pace, looking for birds, leaves, insects, clouds, colours, and patterns, so that nature becomes part of daily living.

10 MANAGE SENSIBLE RISKS

Taking certain small risks in nature can in fact be valuable for children. Getting wet, muddy, or even stung by a nettle can help them understand the consequences of nature, cope with discomfort, build confidence outdoors, and assess situations more safely in future. Adults can support them in these moments by setting clear boundaries, supervising appropriately, teaching safety, and preparing children for all sorts of weather and natural spaces, while still allowing their curiosity, independence, and resilience to grow.

Meet Our Expert

Kate Whitehead leads on Connecting Children with Nature for Natural England, the government's adviser for the natural environment. With a background in ecology and sustainable development, and a passion for education, Kate works to facilitate between the environmental, education, and health sectors, collating research and best practice to support schools to unlock the multitude of benefits nature can offer.



#WakeUpWednesday

The National College

See full reference list on our website

X @wake_up_weds

f /www.thenationalcollege

ig @wake.up.wednesday

yt @wake.up.weds

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