



St Catherine's School & College

*Specialists in Speech, Language and
Communication Needs*

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Issue 166

16th October 2026

Principal's Welcome

Dear Parents/Carers,

As we approach the end of our first half-term, I have been reflecting on just how much our students have achieved in such a short space of time. September always brings changes, with new students joining us, new classes forming, different teachers and routines to get used to, and, for some, the challenge of moving into Sixth Form. It has been wonderful to see how well everyone has settled and, perhaps more importantly, how our classes have come together.

One of my favourite traditions at St Catherine's is that each year, every class creates a canvas to hang in my office. As you can see from the photograph, this year's creations are as imaginative and individual as ever! Each canvas reflects the personalities, ideas and creativity of the students who made it. What I love most, however, is that each one has been created together. Every student has contributed something, and the finished artwork is something they can all be proud of. For me, they are a lovely reminder that, while we are all different, we can achieve so much when we work together. Looking at how well our classes have settled and the friendships that are already developing, I think the canvases capture the spirit of this first half-term beautifully.



There has certainly been plenty to celebrate over the past few weeks. Our students have enjoyed some fantastic opportunities beyond the classroom, including sailing at Seaview, where they demonstrated courage, resilience and teamwork. We have also seen classes exploring the rainforest at Amazon World, discovering more about our local environment through Forest School and learning about the wider world through visits and experiences.

A particular congratulations must go to the six students who achieved their Bronze Duke of Edinburgh Awards. Completing the programme takes real commitment, determination and independence, and we are incredibly proud of them all. We were also delighted to celebrate the success of our Sixth Form students who received a Bronze award in the national Unique Arts Awards. These achievements are wonderful examples of what our students can accomplish when they are encouraged to challenge themselves and believe in their abilities.

Our Sixth Form students have also had an exciting start to the year. One highlight was the premiere of the short film created through the Listen Up project, which was shown at Quay Arts. What an amazing opportunity for the students to see their hard work celebrated on the big screen! Alongside this, students have been developing their independence, exploring different career pathways and gaining valuable experiences, including a visit to the Maritime Careers Fair and even a trip to the Houses of Parliament.

It has also been lovely to see our younger students beginning to think about their own futures. Careers education is an important focus for us this year, and we want every student, whatever their age or ability, to recognise their strengths, explore possibilities and develop the confidence to think about what they might achieve in the future.

As we share this newsletter, we are also marking Developmental Language Disorder (DLD) Awareness Day. This is a particularly important day for us at St Catherine's, as many of our students have DLD, a condition that affects how they understand and use language. Although DLD is not always visible, its impact can be felt in many aspects of everyday life, from learning and making friendships to expressing thoughts and feelings. As specialists in speech, language and communication needs, we are passionate about raising awareness and helping others understand the challenges that young people with DLD can face. We are proud to support the worldwide campaign to increase understanding of DLD, not just within our school community but across the wider community and beyond. Every young person deserves to have their voice heard, understood and valued.

I hope everyone enjoys a well-deserved half-term break and returns refreshed and ready for all that the rest of year brings. If the first half-term is anything to go by, we have a great year ahead of us!

With best wishes

A handwritten signature in cursive script, appearing to read 'S Thompson'.

Sarah Thompson
Principal

2026-2027 TERM DATES

ST CATHERINE'S SCHOOL AND SIXTH FORM COLLEGE

TERM DATES 2026 – 2027

Bank Holiday	Monday 31 st August 2026
<i>Staff Development Day</i>	<i>Tuesday 1st September</i>
Start of Autumn term for students	Wednesday 2 nd September 2026
Quarter term weekend	Friday 25 th September 2026
Return after quarter term weekend	Boarders: Sunday evening 27 th September 2026 Day Students: Monday 28 th September 2026
Break up for half term holiday	Friday 16 th October 2026
OCTOBER HALF-TERM	
Return after half term holiday	Boarders: Sunday evening 1 st November 2026 Monday 2 nd November 2026
Quarter term weekend	Friday 27 th November 2026
Return after quarter term weekend	Boarders: Sunday evening 29 th November 2026 Day Students: Monday 30 th November 2026
End of Autumn term for students	Friday 18 th December 2026
CHRISTMAS HOLIDAY	
<i>Staff Development Day</i>	<i>Monday 4th January 2027</i>
Start of Spring term for students	Tuesday 5 th January 2027
Quarter term weekend	Friday 22 nd January 2027
Return after quarter term weekend	Boarders: Sunday evening 24 th January 2027 Day Students: Monday 25 th January 2027
Students break up for half term holiday	Friday 12 th February 2027
FEBRUARY HALF-TERM	
Return after half term holiday	Boarders: Sunday evening 21 st February 2027 Monday 22 nd February 2027
Quarter term weekend	Friday 12 th March 2027
Return after quarter term weekend	Boarders: Sunday evening 14 th March 2027 Day Students: Monday 15 th March 2027
End of Spring term	Thursday 25 th March 2027
EASTER HOLIDAY	
Start of Summer term	Monday 12 th April 2027
Quarter term weekend including Bank Holiday	Friday 30 th April 2027
Return after quarter term weekend	Tuesday 4 th May 2027
Break up for half term holiday	Friday 28 th May 2027
SPRING BANK HOLIDAY HALF-TERM	
Return after half term holiday	Boarders: Sunday evening 6 th June 2027 Monday 7 th June 2027
Quarter term weekend	Friday 25 th June 2027 (Summer Fair)
Return after quarter term weekend	Boarders: Sunday evening 27 th June 2027 Day Students: Monday 28 th June 2027
End of Summer term for students	Friday 23 rd July 2027
<i>Staff Development Days</i>	<i>Monday 26th - Wednesday 28th July 2027</i>
SUMMER HOLIDAY	

Please note the above are based on the Isle of Wight Council Maintained Schools Holiday dates.

ACHIEVEMENTS & AWARDS

100% ATTENDANCE

Congratulations to the following students for 100% attendance this year.

Tristan
Byron
Raphael
Fletcher
Jamie C
Jaden
Harri
Sebastian
Huxley
Charlie E

Cosmo
Charlie-Joe
Holden
Darcy
Mathilda
Jacob
Maisey
Madeleine
Caitlin
Eli
Max WB

Bella
Frederick F-T
Keagan
Lilly
Ella
Jasmine
Luis
Gracie
Kaelan
Toby K
Freddie K

AMAZING ATTENDANCE

Congratulations to the following students for amazing attendance this year.

Sophia
Mia
Tanner
Nicholas
Max N
Bella

VALUES AWARDS

AMBITION AWARD

Charlie-Joe

RESILIENCE AWARD

Jamie B

RESPECT AWARD

Max W-B

COURAGE AWARD

Jamie C



ST CATHERINE'S YOUTH CLUB

We are holding 'St Catherine's Youth Club' after school club every Monday 3:30pm - 5:00pm. Starting Monday 9th November at St Catherine's College site

All activities are weather dependent. If the weather is not suitable for an outside activity, an indoor alternative will be arranged. Sessions have to be booked in advance and parents/carers are able to book block sessions. If you have any queries or would like to book, please contact The Grove Team on: the-grove@stcatherines.org.uk Transport must be arranged by parents. £2 per week.

SCHOOL MENU FOR THE FIRST WEEK BACK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken/ Vegetable Curry or Jacket Potato with choice of filling	Toad in the Hole/Vegetable or Plain Sausage or Tomato Pasta	Roast Beef/ Vegetable Burger or Tomato Pasta	Macaroni Cheese with a Baguette or Jacket Potato with choice of filling	Beef or Vegetable Burger/Fish Fingers with Chips or Jacket Potato with choice of filling
Salad Bar Tuna or Mackerel	Salad Bar Cheese & Egg or Mackerel	Salad Bar Ham or Mackerel	Salad Bar Tuna or Mackerel	Salad Bar Cheese or Mackerel
Fresh Fruit Platter	Artic Roll	Fresh Fruit Salad	Cookies	Pudding of the Day

Fresh vegetables and salad are available with all main meals. Fresh fruit and yoghurt are always options for dessert.

CLASS ROUND UP

APOLLO CLASS

Imogen:

I like Apollo Class because it's nice, that we learn a lot of things. So in Maths we've been adding using numbers, part whole models. In English, we've been reading 'We're Roaming In The Rainforest', it's really fun to learn. I like how jaguars crouch and they growl. Our trip to Amazon World, it's really fun playing in the play park, inside and outside. I went into the lemur bit, where you can go. In Forest School, it's really fun, to get to have pizza.

NEPTUNE CLASS

Jamie B:

I like being in Neptune class because I have made new friends. I like Maths. Maths is my favourite subject and I'm getting good at problem solving. I liked our trip to Amazon World and I liked the turtles but most of all I loved playing with my friends in the playground. I have been enjoying phonics and I have read out loud in front of the class! I have also really enjoyed having Curtis the dog (our social media mascot) on my desk, so he can help me with my lessons. I can't wait to go to the town in a therapy group! I have really settled in and like being part of the class.

SHARMAN CLASS

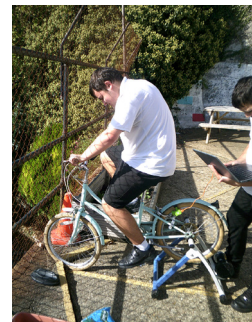
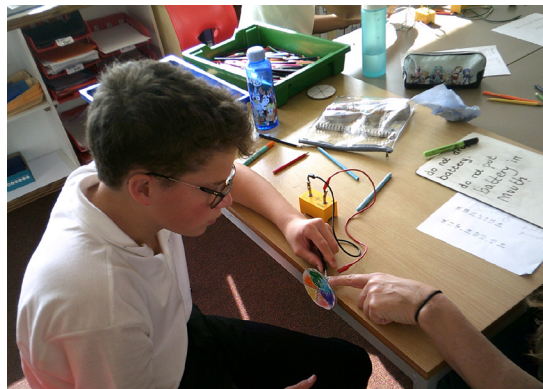
Bella:

This half-term was very fun. We went sailing although I did not like the wetsuit but it was very fun. Very recently we went to Amazon World. It was fun and exciting to see all the animals. My favourite part was the parrots screaming. My favourite lesson is English and sometimes I like Maths. Phonics this year is better than last year. I liked this term because it was fun and sometimes funny.

ORION CLASS

Tristan:

In Maths, we have been counting up 20. I like playing lower and higher. Making dens in Forest School has been really cool. In Science we have been learning about light and sound. Orion class have been making friends with each other. I think having two tutors is really fun. English has also been great.



PLUTO CLASS

Max:

In Art, we have been designing our own t-shirts. I have put Calvin Harris on mine because he is one of my favourite singers. In English, we have been reading 'Stone Age Boy'. My favourite part of the story was when they hunted a reindeer, cooked it and had a party! In PE, we have been learning to play Hockey and Tag Rugby. I have enjoyed Rugby the most as I like grabbing the tags. In Humanities, we have learnt about how volcanoes erupt and what tectonic plates are. In Science, we have been learning about shadows and light. I have learnt the difference between transparent, translucent and opaque. In Music, we have been learning about ostinato which is a repeating pattern. On RE Day, we learnt about trees in the Bible and made our own tree. We enjoyed making the people for DLD day.



PEAKE CLASS

Cosmo:

This half term I have liked DT. We have designed our own soft toy to make. In ICT we have collected information about something we like. I chose football and put it into a PowerPoint. In the Humanities we are learning about WW2 and rations. In Science we are learning lots of different things about light. In Music I enjoy playing the keyboard and learning about Rock and Roll. In PE we have played Hockey and Tag Rugby.

ARTEMIS CLASS

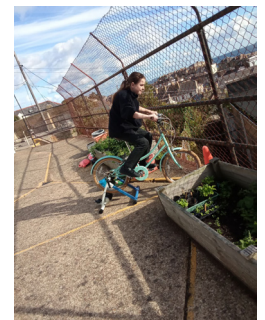
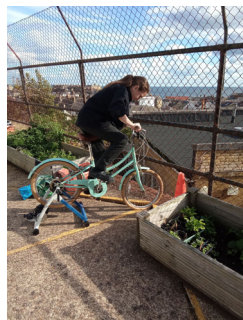
Francesco:

In Art, we have been doing t-shirt designs and I have done mine of a car on both the front and back. In English, we have been learning 'Stig of the Dump'. In Science we have been learning about shadows and light sources, and we have torches to test the shadow sizes. In Music we have been learning Rock n Roll, and fact I have learnt it was invented in the 1950s. In ICT we have been researching facts on stuff we like.

SATURN CLASS

Bentley:

I am very happy in my new class. I have really enjoyed Maths and learning some algebra. I've liked our PE lessons, especially Tag Rugby. In English we have been reading 'Stig of the Dump' which is good, I can't wait to read some more. I liked starting to build the robot in Science, we still have a bit to finish when we come back after half term.



VENUS CLASS

Kaelan:

In PE, the game of Tag Rugby was fun. In Maths, it has improved since last time I did Maths. English is actually quite fun as everyone is acting out the character of the book, 'Blood Brothers' that we are reading. We are catching up on last term's work in Humanities. In Science, every one deafened my ears with the screaming test. We made a T-shirt in Art and recapped what we did last year.

6SAF CLASS

Darcy:

I have really enjoyed getting to know the new staff and students at college and settling into my new subjects. I really enjoy all of my new optional subjects, especially Food and Photography. It's hard to choose. I am really enjoying being part of a team on the new Enterprise project as it is something I have never done before and I am learning lots about the admin roles of a business. We have worked as a team to come up with our idea, trying lots on the way to settle with our business Picture What? Where we are now creating exciting new products ready to be sold soon, see the picture for a sneak peak or follow our Instagram @picturewhat2026.

6JG CLASS

Aaron:

In Music, this term we have been learning about leitmotifs and we are composing for a character to do a theme that will be in either a video game, a film or the character or place. I have enjoyed doing this because I have now started to upload everything to Garageband and have also enjoyed my private drumming lessons which help me practise for Music GCSE. I have enjoyed Vocational from the start of the term as we have been learning about WW2 and what started it from the beginning, including how it affected other countries. I am looking forward to doing research on the impact of WW2 on the local area in the coming few weeks. In Photography, I have been developing Vinyl covers and experimenting with designs on Photopoea, I have now chosen a final outcome 'Paws in White' and I will be finalising the vinyl cover very soon.

6AMD CLASS

Ted:

In 6AMD, it was the first term at the college for many of us. It has been a time in which we have familiarised ourselves with the college and the new timetables and new lessons. In English, we have been going over language features such as emotive language, imperatives and many others. In History, we have been studying WW1 and the geopolitics leading up to it. In Landbased studies, we have been working on the allotment and have been preparing to use green fertilizers for next year's crop. In Science, we have been learning about cells and how there are eukaryotic and prokaryotic cells and their anatomy as well as the genetics of us humans in our strands of DNA. The highlight of the term for me was the trip up to the Houses of Parliament in which we learnt much about the institution, how laws are made and passed and the history of democracy in the Isles from Magna Carta to the Suffragettes.

6ILP CLASS

Toby R and Keagan:

We thoroughly enjoyed Forest School as we were able to make spooky witches and enjoy some pizza wraps. We enjoyed going on trips. I got very wet during a recent art trip to Newport. We were looking at popular art which was dotted around the town. I enjoyed some of the assemblies, in particular 6ILP, when we talked about better ways to spend our time rather than bantering with our mates. I enjoyed saying hello to the Major on one of our trips to Newport.

SIXTH FORM TRIP TO PARLIAMENT

On Wednesday the 7th October, 8 students from the college were accompanied by staff to have a tour of, and a workshop at Parliament. Students travelled to London and got to look around the building where all laws are debated, made and stored. They learnt about how all debates are recorded and handwritten, then stored both online and bound in books known as Hansard. They had the opportunity to stand by the debating seats in both the House of Commons and the House of Lords and also noticed the differences between the two houses. Queen Victoria's footstool was a prominent feature of one of the Royal rooms, it was made specially for her because the throne she had to sit on was so large. There was another important throne in the House of Lords but not in the House of Commons, where you will never see a monarch. After our tour of the Houses it was time for a quick lunch before we completed a workshop with the education team. The workshop was focused on petitions and students discussed what petitions are, their purpose, and some of the rules surrounding them. They then had the opportunity to consider any ideas they might have for petitions, and discuss the kind of people that they would be petitioning whether this be a council, a local government or a central government. Students asked our tour guide and the education team some brilliant questions throughout the visit. We also received wonderful feedback from the Parliament staff, who were so impressed with the group that they described them as the most fun, interactive and enjoyable group they had hosted, sharing that our students had made their day! Students' favourite parts of the day included: looking around and appreciating the scale of the whole building; the tour; the original artworks including large areas of gold leaf; a corridor which featured all of the Patron Saints and seeing statues of all our Prime Ministers up to John Major. It gave a real sense of our history as a country. All students and staff agreed what an excellent day it was.



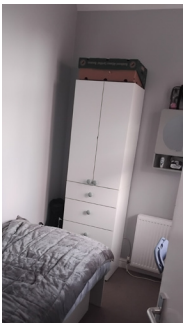
RESIDENTIAL ROUND UP

ST CHRISTOPHER'S UPDATE

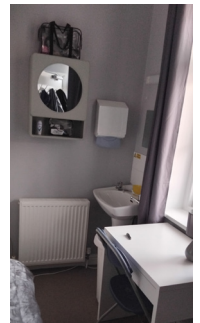
So far in St Christopher's we have welcomed lots of new faces and all are settling into life and activities in St Christopher's amazingly. With the weather being so good, we have made the most of it by getting out and about as much as possible. We have had trips all over the Island visiting Calbourne Water Mill, the bowling alley, Ventnor fire station and more parks than you can shake a stick at. Alongside all this we have multiple weekly community activities such as Athletics club and Scouts. All of our boarders both weekly and day students have jumped into everything we've done with such positivity and happiness that it's made our first half-term of the year a fantastic start to the year. Despite the weather getting colder and darker earlier we still have lots to look forward to along with endless crafts and building sessions lined up including "The Great Rocket Race" and "Junkyard Robots" to keep us busy when the weather isn't agreeable. A huge well done to all that stay in St Christopher's for making it such a success of this half-term and settling in so well.

ST MARGARET'S

This term the students in St Margaret's have based life skills around settling into the house. The students have been making sure they've got everything they need in their bedrooms, they are personalised and comfortable. Some of the bedrooms have had a makeover, with new furniture, the girls are really happy with them. The new shower rooms have also been installed and the students think that they are great. We've also been out and about, practising our independence skills by using different modes of public transport on the island including the train.



The students have continued to attend the weekly Sporting Opportunities groups including Table Tennis, Athletics and Football sessions. We have had regular trips to Waterside swimming pool for a splash and swim. We also recently enjoyed a walk through Borthwood Copse, hunting for conkers and pinecones. Some of the students have also been busy baking yummy treats including upside down pineapple cake, chocolate brownies and cheesecake.



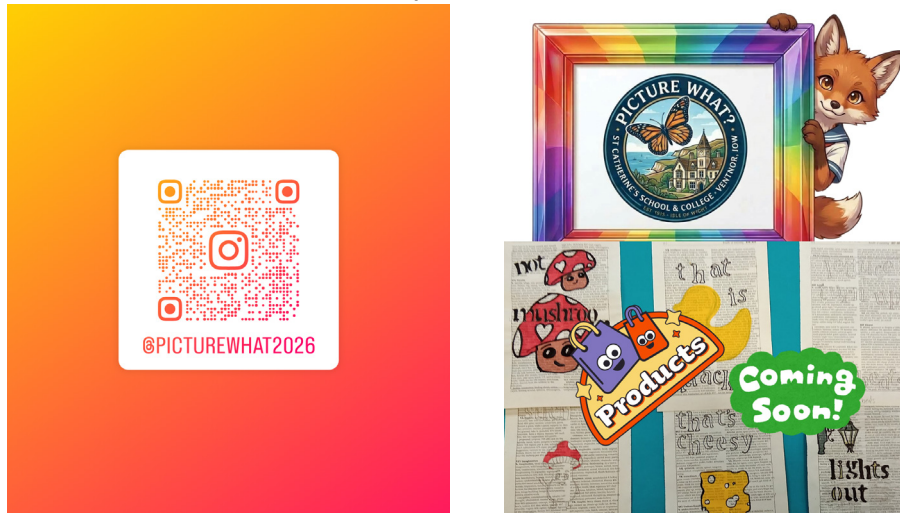
ST ANNE'S

Our students at St Anne's have had a productive start! They've been settling into their rooms and taking charge of their own spaces, doing quick room checks to make sure they have everything they need and letting us know if anything needs fixing. A big focus lately has been building independence: every Wednesday, they plan their own community outings—whether that's catching the local bus, grabbing a bite to eat at a restaurant, or heading over to Rocket Ronnie's in Ryde for a game of pool. Then on Mondays, they take turns picking recipes and cooking up meals for their peers and staff.



ENTERPRISE

For this term, a few of us up at the college are running an Enterprise business group for Friday clubs. Our mini-business is called 'Picture What?' and we will be creating our own DIY custom photo frames with funny, humorous, one liners and jokes for all ages. We will be taking part in a few sales, some in school and in college and potentially some on weekends heading towards the end of the year in December. For advertising, we have decided to mention this in our newsletter and we have also created our own Instagram account managed by Miss Finaughty and Kayleigh. If you would like, you can go follow us so you can get notified on sneak peaks and new dropped products.



FOREST SCHOOL

This terms' Forest School classes, Orion, 6ILP and Apollo, have enjoyed a range of activities including, nature scavenger hunts, tree identification and finding out about different seeds. We are learning to use a range of tools safely and have had a fantastic time making nature craft work to create a spooky Halloween woodland. We have looked at how the season has changed since the start of term and how it altered the way the habitat looked, this made us think about what shelter is and how animals would shelter in the autumn. We played a cool 'sneaky squirrels' game to hide and find (Conker) acorns!



AROUND THE WORLD CLUB

This week as our final week the students chose some ideas which were picked out of a hat. We went back to war food and made some chocolate treats to show how lucky we are now a days.

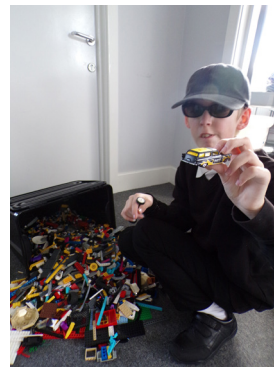


THERAPY INTERVENTION GROUP

This half term saw the start of our new Therapy Intervention Group structure in school: a combined SaLT/OT approach taking therapy out of the classroom. The therapy teams have been busy bringing these sessions to life with a focus on practical and motivating activities that serve as a bridge towards applying skills in the wider world. Below, each of our four pathway groups share a quick look into their work from this term, and what lies ahead.

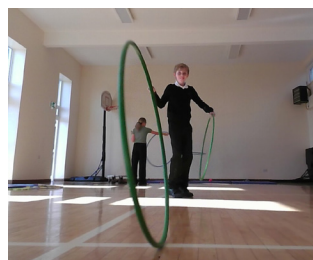
INDEPENDENT LIVING SESSION

This term, our group focused on a central question: What does it mean to be independent? Students practised the full cycle of autonomy—making personal choices, planning and carrying out an activity, and reflecting on how to build their skills further. By following their own interests, students developed key practical occupational and communication skills while sharing what matters to them with peers. Activities ranged from town trips, budgeting, and bike route planning to cooking favourite meals and creating animations. It's been wonderful watching students light up as they gain the support to bring their own ideas to life!



ENDEAVOUR SESSION

In Endeavour group this half-term the younger students have been getting to know themselves and their preferences a bit more. We have spent time taking part in calm, focusing, energetic and messy activities and then thought about how each of these made us feel using a blob tree to help us reflect. The older students have been thinking about what skills they have and how these might link to future careers ideas. To help with this we interviewed the maintenance and kitchen teams. We asked about their qualifications, past jobs and how they feel about their job roles now. It was helpful to help us think about the types of jobs we might like (or not like) in the future.



CREATIVE PROJECTS SESSION

Our Creative Projects Therapy Integrated Group (TIG) has been busy getting creative! Students have enjoyed a range of hands-on activities, including clay modelling, cardboard construction, jewellery making, decoupage boxes and even making a 'manga' bookshelf. While the finished creations are something to be proud of, the real therapeutic value lies in what is happening beneath the surface. Every project provides opportunities for students to develop a wide range of important skills, including making choices, decision-making, planning and organising, fine motor coordination, motor planning, problem-solving, communication, perseverance and working alongside others. Occupational Therapists and Speech and Language Therapists work together to support students through these activities, carefully adapting the level of challenge and support to meet individual needs. Sometimes the most valuable learning happens when something doesn't quite go to plan! By providing meaningful, enjoyable activities in which students can experiment, make mistakes, find solutions and experience success, we are helping them develop the confidence, independence and practical skills they need for everyday life. The projects are what you see; the therapeutic development is what happens beneath the surface.

COMMUNITY SESSION

This half term, our community groups have been focusing on learning about our local community. In Lower School, students have been learning all about their school community. Through interactive activities and play, they have been exploring different places within school such as the kitchen and dining room, reception, the nurse's room, and maintenance. They have been finding out about the various jobs people do in different areas of school. In Middle School, students have been getting out into the local town. They have been practising navigating their local community, building confidence and orientation skills through visits to local shops and the park. In Upper School, students have been taking their community skills even further by exploring local shops and services. They have been practising functional life and communication skills during visits to local cafés, learning how to order and interact independently as well as exploring different services and shops on offer in our local town.

SPEECH AND LANGUAGE THERAPY

This term, students attending Communication Groups have been focusing on debating. They have been developing their understanding and use of communication skills, including listening to others, sharing their own ideas, considering alternative viewpoints and responding to differing opinions. Students have also had the opportunity to select a debate 'motion' and work with a peer to prepare an argument either for or against it. They researched their chosen motion, gathered evidence to support their points and presented their arguments to the class.

Students in 6JoGo and 6SaF are currently receiving additional support in English through co-delivered sessions with their class teacher and Speech and Language Therapist. These sessions incorporate the Shape Coding System, a visual framework that uses shapes, colours and arrows to support students' understanding the use of grammar and sentence structure. Students have been focusing on revisiting, consolidating and applying their understanding of the different shapes and the grammatical elements they represent.

6JoGo: Keeping Safe Around Drugs and Alcohol.

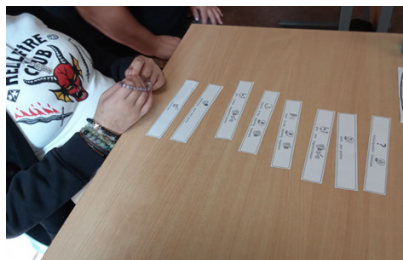
So far, students have been developing their understanding of vocabulary relating to legal and illegal drugs, their potential effects on health and the laws associated with their use. After half-term, students will extend their learning to explore alcohol-related vocabulary, relevant laws and the information found on packaging. They will also discuss the health effects, the risks associated with spiking and strategies for keeping safe. This topic, supports students to develop the vocabulary and communication skills needed to understand the risks associated with drugs and alcohol, recognise unsafe situations, make informed choices, and to seek help and keep themselves safe.

6AMD: Study Skills.

This term, students in 6AMD have been exploring revision and reflecting on their experiences of studying. They have discussed the benefits and potential barriers to revision, as well as their own feelings and attitudes towards it. Students are now exploring a range of revision strategies to support learning and the recall of information in preparation for future exams and coursework. They are being encouraged to trial different methods in group therapy and study skills sessions, helping them identify which strategies work best for their individual learning preferences and needs.

6ILP: Functional Communication.

Students in 6ILP have been completing baseline measures to help identify their current strengths and areas for developing in functional communication and accessing the local community. Sessions have included theory-based activities and scenarios discussions, in which students identify the problems, consider different perspectives and generate possible solutions. Students are currently completing a functional task within the community, providing an opportunity to practise and apply their communication and independence skills.



6SAF: Friendships and Relationships.

So far, students have been exploring the qualities that contribute to different types of relationships and identifying the qualities they value when developing friendships. Students have also worked through a range of friendship and relationship scenarios, supporting them to develop their perspective-taking and problem-solving skills. After half-term, students will continue this learning by exploring romantic relationships, consent, family relationships and online safety.

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OCCUPATIONAL THERAPY

This half term, students have been developing their road safety awareness through a combination of theory-based learning and practical sessions in the local community. They have explored a variety of routes around town, identifying safe places to cross and practising their skills in real-life situations. Students have also challenged themselves by trialling unfamiliar roads, including those without pavements, and learning how to navigate these safely. Alongside this practical work, students have been exploring the rules of the road and what this looks like in everyday life. To share their learning with others, they have created road safety posters to display around the school, helping to raise awareness and encourage other students to stay safe when out in the community.

6JoGo

In 6JoGo, the students have been exploring what preparing for adulthood means to them and the skills they will need to support their future independence. Through discussions and practical activities, they have explored teamwork, the skills and expectations involved in the workplace, and their own personal strengths and areas for development. Students have also considered their individual values and what is important to them as they move towards adulthood. Using the Preparing for Adulthood framework, they have reflected on and rated their own skills, identifying areas they would like to develop further. These sessions have encouraged students to recognise their achievements, build self-awareness and take an active role in shaping their future goals and aspirations.

6ILP

This half-term 6ILP have been developing their independence with a range of domestic activities, including tidying their rooms, changing bed sheets, dusting, sweeping, hoovering, mopping and wiping down surfaces. Using the college's mock bedroom, students have practised these everyday tasks and demonstrated improvements in their practical skills, efficiency and the time taken to complete their room tidy. Students have also had opportunities to work collaboratively as a team to clean the college common room and dining areas, putting their skills into practice in shared environments. These sessions are helping students build the confidence, teamwork and practical skills needed to maintain their own living spaces and prepare for greater independence in the future.

ST CATHERINE'S CHARITY SHOP

Hello from the Charity Shop!

I have had a busy start to the school year, getting all the autumn stock ready for sale. We now have a lovely selection of clothing, coats, jackets, boots and shoes, for your transitional wardrobe, at great prices!

I had a lovely visit from the new class of Enterprise students, who were collecting items from the shop, to make their new products. I cannot wait to see what they make, and to sell in the shop for them!

The shop and window, is now looking very autumnal, with the seasons colours, and I now have Halloween decorations and costumes for sale.

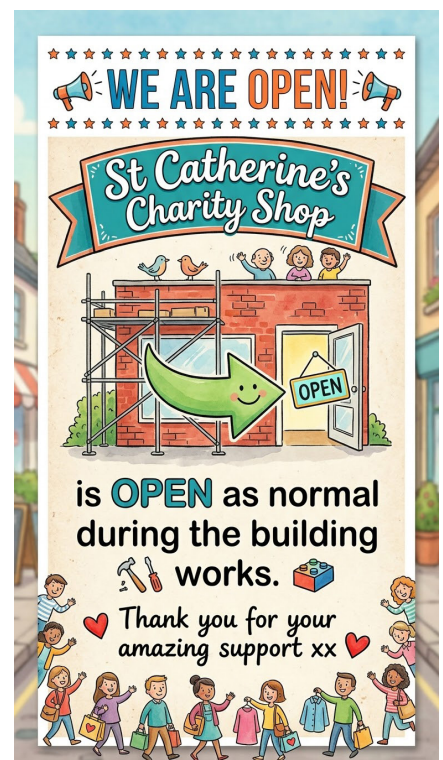
You may have seen work going on, on the front of the building of the shop, but rest assured, we are open as normal during these works!

The shop will be open Tuesday to Saturday 9-4 during half-term.

I hope everyone has a restful half term break, and if you're having a declutter, the shop is always looking for good quality donations.

Lots of love

Amanda, Charity Shop Manager



ANAPHYLAXIS REMINDER

We are now required to follow new national legislation regarding allergy safety and anaphylaxis management. To ensure the health, safety, and wellbeing of all our students, please remember not to bring any food or other items into school or college that may contain nuts. We ask that you carefully check the labels of all packed lunches, snacks, and classroom supplies before sending them in. Thank you all for your continued cooperation and for helping us maintain a safe, inclusive environment for everyone in our community.

COFFEE MORNING

A coffee morning will be held for parents who have children at St Catherine's on Wednesday 4th November 2026 from 10 am - 12 noon. Sam Stevens, the new Family Liaison Officer, will be attending and would like to meet as many parents as possible. Freya Sadler, who runs the 'Parents of St Catherine's School' Facebook group, is collecting numbers so the school is aware of how many parents will be attending. Please let her know (via the FB group) if you intend to attend the coffee morning.



GROUP CHATS

Dear parents and carers,

I once again need to ask for your support in monitoring and managing your child's activity online. There are various school and college group chats and the content within some is inappropriate and bullying is taking place. This is having a significant impact on students at school and college on a daily basis. Please can you have open discussions with your child about what groups chats they are in, how they should behave and what they should report.

Thank you for your ongoing support and attention to this matter.

Ms Jenn Walker
Vice Principal

FUNDRAISING

St Catherine's School and College warmly invites you to support our Christmas Campaign, a heartwarming initiative that brings our community together in faith, remembrance, and goodwill. This year, we are offering the opportunity to buy a Red or Gold bauble to place on our Chapel tree, with a message or dedication to a loved one, a current or former student, or someone held in loving memory.

Through this campaign, we hope to raise vital funds for St Catherine's and reach our target of £1,000. Your generous gift will help us continue to nurture the life of our Chapel and strengthen the spirit of celebration and reflection that defines this special season.

We invite you to make a minimum donation of £5 and then email smitht@stcatherines.org.uk with your donation details. Once your message has been received, our team will be in touch to arrange your bauble choice and message, including colour and name.

Please join us in making this Christmas Campaign a heartfelt expression of gratitude and support. Our Chapel will be open on 10 December 2026 for a visit and carol service, and we would be honoured to welcome you in sharing this moment of celebration and hope.

https://www.justgiving.com/page/christmasbauble?utm_medium=FR&utm_source=CL



St Catherine's

A registered Charity no. 288148

Recognised by the Department for Education (DfE)

Grove Road, Ventnor, Isle of Wight, PO38 1TT

T: 01983 852722 E: general@stcatherines.org.uk

www.stcatherines.org.uk

Fundraising Enquiries

For further information about our fundraising activities, contact our Fundraising Team on: 01983 852722 or

email: smitht@stcatherines.org.uk



St Catherine's School & College

*Specialists in Speech, Language and
Communication Needs*

RESIDENTIAL OPEN DAY TUESDAY 10TH NOVEMBER 2026

St Catherine's residential provision supports young people
aged 11 - 19 with speech, language and communication needs
Free travel across the Solent for the open day provided

**To register your interest, please visit our website:
<https://www.stcatherines.org.uk/open-day-interest-form>**

Speech &
Language Therapy

Occupational
Therapy

Sign Supported
English

Residential and
Day School

**For more information please contact our
Admissions Team on 01983 852722 or email
admissions@stcatherines.org.uk**



Residential
School & College

Registered Charity Number 288148
Company Limited by Guarantee (Number 1757474)
St Catherine's, Grove Road, Ventnor, Isle of Wight, PO38 1TT
T: (01983) 852722 E: general@stcatherines.org.uk
www.stcatherines.org.uk



Education
School & College

From the School Nurse.



As we come to the end of this half term, this is a gentle reminder.

If you have received a request to complete a **medical update** form, please can this be completed and returned to school as soon as possible.

Having accurate, up-to-date information is essential for ensuring we can support your child safely and effectively throughout the school day.

- **Where to submit:** electronic copies can be sent directly to thenurse@stcatherines.org.uk, paper copies can be sent to the class tutor or main reception.
- **Need another copy?** If you need a replacement copy or have any questions please contact St Catherine's, School Health Team.

If you have any difficulties completing the form we are happy to complete the form with you over the telephone, please contact us on 01983 852722 for the school or 01983 632250 for the college.



Mufti Day Notice
Students and Staff are
welcome
to come to school in
mufti on
Friday 20th November
2026
In exchange for
Tombola prizes

Fundraising Bauble Campaign

Make a difference this Christmas



Help us fill our Chapel Christmas tree with love, memories and festive magic!

Dedicate a bauble to someone special — a loved one, a past student, or in memory of someone dear to you.

Each bauble will be lovingly displayed on our Chapel Christmas tree, creating a beautiful tribute to the people who mean so much to our St Catherine's community.

Your support will also help us continue making a difference to the lives of our wonderful students.



How to dedicate your bauble:



Follow this link:

<https://shorturl.at/I7Wpq>



Once you have completed your dedication, please email smitht@stcatherines.org.uk with the name you would like displayed on your bauble.



Dedicate a bauble, share a memory and help us make our Chapel tree sparkle with love this Christmas!



St Catherine's
School & College

Specialists in Speech, Language and Communication Needs



THANK YOU FOR SUPPORTING
ST CATHERINE'S SCHOOL
Charity Number: 288148



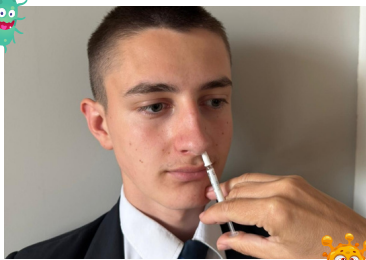
OCTOBER HALF TERM - WHAT TO DO

The following pages are provided for information -
St Catherine's does not endorse any of these activities

School Age Immunisation Service



Your child's Flu vaccine is due



FLU: 5 REASONS TO GET PROTECTED AGAINST FLU

1. Protect your child - The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia.
2. Protect you, your family and friends - Having the vaccine will help protect more vulnerable friends and family.
3. No injection needed - The nasal spray is painless and easy to have. (A porcine free injection is available)
4. It's better than having flu - The nasal spray helps protect against flu and has been given to millions of children worldwide and has an excellent safety record.
5. Avoid costs - If your child gets flu, you may have to take time off work or arrange alternative childcare

The Immunisation team will be in the school on:

08/10/2026
09/12/2026

School Code
CW118226

For more information, visit our website:
www.healthforkids.co.uk/hampshire/annual-nasal-flu-vaccination-programme/

Our personalised care addresses your child's specific needs while building practical life skills, communication abilities, and independence.



Professional, caring support tailored to children with additional needs. Our experienced Personal Assistants help develop skills, build confidence, and enjoy life to the fullest.

Specialist Support for Children with Additional Needs

Over 20 years of trusted care for children and young people up to age 25 with
ASC/ASD, ADHD, PDA, SEMH, LD and other complex needs.



Personal Assistant Services
Dedicated one-to-one support and respite care



Building Independence
Developing confidence and life skills in line with EHCP and other desired outcomes



Tailored Family Support
Coaching, mentoring and buddy schemes, Respite



Experienced and Trained
Our staff are all experienced and trained to our mandatory standard, additional training can be sought as necessary.



Matched Support
Personal Assistants carefully selected to meet your child's specific needs and interests



Professional Team
Experienced consultants supporting families in Hampshire, Surrey, West Sussex, Dorset & Isle of Wight

Ready to learn more?
Freedom Care Support for Your Child Attending a Special Needs School

See our detailed brochure [HERE](http://www.freedomcare.co.uk)
www.freedomcare.co.uk

**Next Open Day: Thursday
15th October from 4.00–
6.00pm.**

At Riverbank Campus, Little London,
Newport PO30 5BS in Newport

Drop in on the day or book a timed
appointment.



WESTOVER FARM PUMPKINS

PUMPKIN PATCH

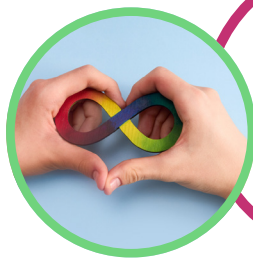
Free entry & parking | Pick your own pumpkins
Photo opportunities | Refreshments
Kids activities | Face painting | The Play Patch



9.30am - 4.30pm
3rd & 4th Oct
9th - 11th Oct
16th - 20th Oct
23rd - 27th Oct
30th & 31st Oct

Follow us on social media for more updates including closures in bad weather
[@WestoverFarmIV](https://www.instagram.com/WestoverFarmIV)
info@westover-farm.co.uk
Westover Farm, Calbourne, PO30 4JY

Please note different opening times
Fri 9th & 16th 12-4pm
Sat 3rd & 10th 9.30am - 7pm



Does your
child have
or might
have
autism?

FREE ONLINE SEMINAR

“An Introduction to Parenting Children with Autism”

Insights and strategies for families

Thursday 22nd October 2026, 7.30 - 9.00 pm

No booking required!

Simply join the seminar by scanning the QR
code or use the Zoom details below:

Meeting ID: 837 3366 5621
Passcode: 160704

If you prefer, feel free to email us at
info@sftrust.org.uk for the Zoom link.



www.sftrust.org.uk



Scan the QR code for the Zoom link




NATURE'S CAMP OUTDOOR FUN

Nature safari, look for wildlife in our ponds, woods and meadows. See if you can charm worms out of the ground. Get creative in our guided art sessions and try some crafts using willow and other natural materials. Play games based around wildlife and tackle a challenge! Various different fun activities during each session.

For 8 - 12 yrs
10am - 1.30 pm
Thursday 22nd and 29th October
£8.00

MUST BOOK - limited places
Further details on booking form
Where - Blackwater PO30 3BP
www.naturezones.org.uk





**The Isle of Wight
College**
Your Future Starts Here

2026/27 Open Days

OPEN EVENING

Thursday 17th September
NEWPORT & WHIPPINGHAM CAMPUS

5pm - 7pm

OPEN DAY

Saturday 30th January
WHIPPINGHAM CAMPUS

10am - 1pm

OPEN DAY

Saturday 7th November
NEWPORT & WHIPPINGHAM CAMPUS

10am - 1pm

OPEN DAY

Saturday 13th March
NEWPORT & WHIPPINGHAM CAMPUS

10am - 1pm



KIDS EAT FREE (OR FOR £1) OCTOBER HALF TERM 2026

moneysavingcentral.co.uk/kids-eat-free



ANGUS STEAKHOUSE

Kids under 8 eat FREE daily, 12pm to 5pm

ASDA

Kids eat for £1 daily, with no adult spend

ASK ITALIAN

Kids Eat Free October 9th - 31st via Perks App

BELLA ITALIA

Children eat for £1 with any adult main

BEEFEATER & BREWERS FAYRE

2 Kids Eat Free Breakfast with 1 paying adult

BILLS

Kids Eat Free Monday 26th - Friday 30th October

BREWDOG

Kids eat free this Oct with KIDS EAT FREE bookings

CAFE ROUGE

Kids Eat FREE 12-4pm every day of the week

CHIKUITO

Kids eat FREE during all school holidays

DOBBIES GARDEN CENTRES

Kids eat for £1 with an adult breakfast or lunch

FARMHOUSE INNS

2 Kids eat free during the October Half Term

FLAMING GRILL

1 Kid eats free weekdays this October half term

FRANKIE & BENNY'S

Kids eat FREE during school holidays

FUTURE INNS

Under 5s eat for free with any adult meal

GORDON RAMSEY RESTAURANTS

Kids under 10 eat FREE all day, every day

HARVESTER

Kids eat for £1 until November 1st 2026 via App

HUNGRY HORSE

2 Kids eat for £1 this October Half Term

IKEA

Kids get a meal from 95p daily from 11am

LAS IGUANAS

Kids eat FREE with 'My Las Iguanas' App

MARCO PIERRE WHITE

Kids under 12 Eat FREE daily with an adult spend

MARSTON PUBS

Kids eat for £1 during the October half term

MORRISONS

Kids Eat FREE all day, every day with a £5 spend

PAUSA CAFE @ DUNELM

Kids eat FREE with every £4 spend all day

PREMIER INN

2 kids eat for free with 1 adult breakfast

PRETO

Kids up to age 10 eat free with 1 paying adult

PUREZZA

Kids under 10 get free pizza with every adult meal

SA BRAINS PUBS

Kids eat for £1 on Wednesdays

SIZZLING PUBS

Kids eat for £1, Every Monday to Friday, 3 - 7pm

TABLE TABLE

2 Kids Eat free breakfast daily with 1 paying adult

TESCO

Kids Eat free weekdays with an adult purchase

TGI FRIDAYS

Kids Eat Free with any adult meal (Via App)

THE REAL GREEK

Kids under 12 eat FREE Sundays with £10 spend

TRAVELODGE

2 kids eat for free with 1 adult breakfast

TURTLE BAY

Kids eat free with a £15 adult spend via app

VILLAGE HOTELS

Kids eat free via the village app

WHITBREAD INNS

2 kids eat for FREE with 1 adult breakfast

YO! SUSHI

Kids eat free all day (weekdays) in school holidays

ZIZZI

Kids eat free weekdays in school holidays

Copyright of MONEY SAVING CENTRAL

ISLE OF WIGHT SEN SUPPORT

SAVE THE DATE!

HALLOWEEN PARTY

SATURDAY | 31 | OCTOBER

1.30-3.30

THE PAVILLION,
RECREATIONAL GROUND,
NEWPORT

Isle of Wight Council

BEST START IN LIFE

You're Invited

REOPENING OF COWES FAMILY CENTRE

SUPPORTING FAMILIES and STRENGTHENING COMMUNITIES

Come and celebrate with us!

VENUE
Cowes Family Centre, Love Lane, Cowes

DATE
Tuesday, October 20, 2026 at 10:00 AM

PROGRAMME

- Session one (Families)**
10:00am to 12:00pm
- Ribbon cutting ceremony**
hosted by Councillor Williams
10:30am
- Session two (Professionals)**
1:00pm to 3:00pm

Find out more on the
Isle of Wight Family Information Hub What's On
<https://tinyurl.com/2c964zbz>

utilita life with power

Stronger Brighter Together

A COST OF LIVING CHRISTMAS

Free Advice & Support This Winter

Feeling the pressure of rising costs this Christmas?

Join us for a friendly and informal event where you can access practical support, information and advice to help you save money and stay warm this winter.

Find out how to save money on your energy bills, keep your home warm for less, reduce household costs and access available financial support.

Get information on benefits, grants, budgeting support, debt advice and practical ways to make your money go further this winter.

Everyone Welcome

Utilita Hub Newport High Street

14 October 2026

10:00am - 2:00pm

Stay Warm • Save Money • Get Support This Christmas

Helping our community enjoy a warmer, more affordable Christmas.
No appointment necessary - just drop in and speak to our friendly team.

Ventnor

PUBLIC MEETING

Come along and have your say about Ventnor

DATE: Wednesday 4 November

TIME: 6.00pm

VENUE: St Catherine's Church, Ventnor

ADMISSION: Free and open to all

The event will include discussions on:

- Ventnor Carnival
- Beach Safety
- Seafront Pumping Station
- Ventnor Town Council Financial Position
- Open Forum



For further information, please contact
Ventnor Town Council –
admin@ventnortowncouncil.gov.uk
or 01983 853775

VENTNOR
TOWN COUNCIL

Pause

Worrying about your child's wellbeing or behaviour?
Pause is an app with advice proven to help families, made by NHS doctors. It is now available for free for parents in Isle of Wight. **Download it now.**

First: Download the app with this QR code

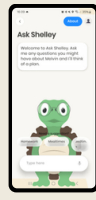


www.mypause.org

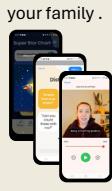
Second: Enter the code **WIGHT** for free access



Third: Type in a question you want help with



Next: Get a personal plan with videos and ideas just for your family.



Spence's HALLOWEEN BONE YARD



Come see us and have a photo with
Fred the Dead
and **Hallow Jack.**

♥ All donations will go to
St Catherines Speech and
Language School.
Your support is appreciated.



Monterey Road Ryde

BARCLAYS
GIRLS' FOOTBALL
SCHOOL
PARTNERSHIPS
BY ENGLAND FOOTBALL

FREE

GIRLS FOOTBALL

THURSDAY 22ND OCTOBER

BARTON PRIMARY 10AM-12PM
DOVER PARK PRIMARY 1.30PM-3.30PM

COACHING BY ALFIE CHAPMAN (UCAN PLAY) AND
ANDY NORTH (NEW ERA COACHING)

**FOR PUPILS IN SCHOOL YEARS
3,4,5,6,7,& 8**

To book please scan the QR code
or for more information email
andrew.day@bartonpri.iow.sch.uk




WWW.GIRLSFOOTBALLINSCHOOLS.ORG

School Age Immunisation Service - Parent Newsletter

Annual Flu Vaccination Programme

All children are eligible to receive the flu vaccine. Parents and carers are sent a link to the online consent form between September and November, ahead of the school vaccination session.

The vaccine is usually given as a nasal spray. For children who cannot have the nasal spray due to medical or religious reasons, a porcine-free injectable vaccine is available. Details about how to request this are included on the electronic consent form.

Why should I get my child vaccinated? Flu is a highly infectious illness that children can catch and spread easily. For many children, flu can be very unpleasant and may lead to complications such as ear infections, bronchitis, or pneumonia. In some cases, it can result in serious illness requiring hospital treatment.

Vaccinating your child not only helps protect them from flu but also reduces the spread of the virus to others who may be more vulnerable to serious illness, including babies, pregnant women, older adults, and those with long-term health conditions.

What if my child misses their school vaccination session? If you provide consent for your child to receive the flu vaccine and they are absent on the day of the school session, you will automatically receive an email inviting you to book an appointment at a local community clinic, ensuring your child still has the opportunity to be vaccinated.

It's not too late to complete the consent form. Even if your child's school vaccination session has already taken place, submitting a form now will allow you to book an appointment at a local community clinic.

For contact details and further information about the School Aged Immunisation Service and the vaccination programmes offered, please visit:

<https://www.healthforkids.co.uk/hampshire/collections/school-age-immunisation-service/>

Parent and Caregiver Peer Support Sessions

11 th June 2026 (9am – 11am)	Cowes Family Centre
16 th July 2026 (9am – 11am)	Carisbrook & Gunville Church
16 th September 2026 (9am – 11am)	Ventnor Family Centre
16 th October 2026 (9am – 11am)	Sandown Family Centre
18 th November 2026 (9am – 11am)	Carisbrook & Gunville Church
13 th January 2027 (9am – 11am)	Carisbrook & Gunville Church
10 th February 2027 (9am – 11am)	Carisbrook & Gunville Church



Drop in for a chat, a cuppa and shared experiences

No booking needed



Cowes Family Centre –
 Love Lane, Cowes PO31 7ET

Carisbrook & Gunville Church
 Gunville Road, Newport
 PO30 5LS

Ventnor Family Centre
 Albert Street, Ventnor PO38 1EZ

Sandown Family Centre
 The Fairway, Sandown PO36 9EQ

**Isle of Wight
Neurodiversity
Team**

NATIONAL ONLINE SAFETY

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about SCAMS AND FAKE NEWS

WHAT ARE THE RISKS?

"Fake news" refers to falsified or misleading material presented as a legitimate account of events. It's often used by malicious actors online to push an agenda, or even by criminals as a way of making scams more persuasive. Scammers can trick us into handing over personal information, security details and even our hard-earned cash.

"CLICKBAIT" PHISHING SCAMS

A message arrives saying "Have you seen this video of yourself?" or you might be sent an attention-grabbing headline about a celebrity that's been shared on social media. This kind of "bait" is produced by scammers to drive us to click on an unsafe link, where malware could be downloaded to our devices. These scams rely on our curiosity and our "need-to-know" instinct.

SALES, DEALS & DISCOUNTS

Some scams appear as adverts, offering a chance to buy something – such as designer products, expensive gadgets or tickets to a popular show – at a reduced price. Such plays often include a time limit or countdown, urging us to hurry so we don't miss out on the deal. This pressure encourages us to input personal details or payment information before pausing to check if it's legitimate.

YOU'RE A WINNER!

This kind of scam involves fake giveaways, opportunities or freebies. It could be a message saying we've won a prize draw or competition. Or it could be a gift, free trial, bonus credit, and suchlike. It might claim that a package or refund is waiting. All these techniques are used to prompt us to share our personal information, thinking that there's something to be gained by doing so.

FALSE FRIENDSHIPS

Scammers often pretend to be someone they're not to gain their victims' trust. They might attempt to convince any children they connect with that they're a child of similar age with shared interests. Warning signs include a high volume of messages (often with an intense tone), secrecy, inappropriate levels of intimacy, guilt tripping, emotional manipulation, threats or blackmail.

PANIC MODE

To trigger a sense of panic, scammers may claim that a child's account has been hacked, or a virus has been installed on their device, or any number of other scary scenarios. They may claim to be able to fix the problem or offer a solution – if the child hands over control of the device or sensitive information. Similar scams involve impersonating a friend or relative, claiming that they're in trouble and need help.

FAKE CELEBRITY ENDORSEMENTS

Impersonating influential people online is a common tactic for scammers, who can use technology to create fake photos, audio and even videos that look authentic. These can be used to convince us, for example, to buy products, sign up for so-called "business opportunities" or invest in cryptocurrency schemes – all of which are fake or otherwise malicious. Many scams also involve the impersonation of popular companies' social media accounts, as well as those of individuals.

Advice for Parents & Educators

STAY INFORMED

Stay up to date with the latest information and best practice on cyber-security. See what scam stories are reported in the news and make note of what tactics were used. Keep up with young people's digital lives: talk about what they're doing online and use properly endorsed resources to learn what risks certain sites and apps pose to their younger users.

ENCOURAGE HEALTHY SCEPTICISM

Most scams rely on emotional or psychological manipulation, tapping into our human instincts – whether that's to keep ourselves safe, help others, find answers, make friends, avoid losing out or to secure something we really want. Encourage children to recognise that pressure to act and to always consult with an adult – especially if what's on offer sounds too good to be true.

TALK TOGETHER

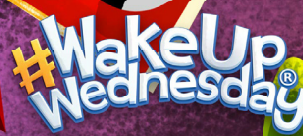
Chat often and openly with young people about fake news, online scams and how they both work. Encourage them to talk to you about anything they're unsure of or worried about online. If a child claims to have been scammed, don't pass judgement. Blaming the victim may deter young people from asking you for help. Remember: adults are scammed just as often, if not more.

BE PROACTIVE

Children increasingly use digital devices for education, socialising, shopping and play. Don't wait for a problem to arise before you discuss the risk of scams, false information and fake news. Highlight what to look out for and clearly communicate under what circumstances the child ought to speak to an adult. Finally, ensure that they're aware of the support services that are available to them (such as Childline).

Meet Our Expert

Dr Holly Powell-Jones is the founder of Online Media Law UK and a leading expert in digital safety, media law and young people. Her PhD investigates children's understandings of risk online. She works with schools, businesses, and universities to provide award-winning education on the criminal, legal and ethical considerations for the digital age. Visit OnlineMediaLaw.co.uk for more.



The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/fake-news-and-scams>

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 05.02.2025